



...You can make a difference!

# The Friendship Force of the San Francisco Bay Area

...a force to promote peace

Vol. 20 No. 5

SAN FRANCISCO BAY AREA NEWSLETTER

November 2003

## A MESSAGE FROM THE PRESIDENT

The past few weeks have been eventful for our club. We had a very successful domestic exchange with an Atlanta club. The ambassadors were complimentary and I think they all had a good time. A few short weeks later we participated in hosting the Taste of California festival. Many people from our club contributed door prizes and we were well represented at the opening dinner. Following the festival, several of our members hosted ambassadors, held pot lucks, and attended the Sunday Brunch. I want to thank all of those who participated.

I hope you are all saving Dec. 7 so that you can attend the Holiday luncheon. By now I think you have all received your flyers telling about it. I'm looking forward to seeing all of you there. In the meantime please be thinking of one country you would like to visit in 2004. You will be given an opportunity to share your wishes at the luncheon, by email, or by mail to my home. The board will then consider those wishes in requesting exchanges for 2004 early in the year.

I have two board positions to fill in the coming year. We need a co-forester and an exchange director for our incoming exchange from Devon England. Please let me know if you would be interested in either one of these positions. You can let me know by telephone, mail, or email to [president@ffsfba.org](mailto:president@ffsfba.org).

—*Louise Heiduk*, [President@ffsfba.org](mailto:President@ffsfba.org)

## SAN FRANCISCO FESTIVAL

A small but mighty group met to learn what a great place we live in. They went to the wine country, for a cruise on our bay and enjoyed a sumptuous Chinese banquet. There were many speakers sharing their expertise about redwoods, Tai Chi, Feng Shui, bread baking, and other things.

Most of the group remained for homestays around Northern California and appeared to enjoy our hospitality.

Thank you to those of you who made this a success, whether you helped at the festival, home hosted or provided door prizes for our guests.

—*Joy Hewett*

## CHINA

Come see the extraordinary wonders of China before some of them are flooded away! Beijing, Xi'an, Nanjing and Shanghai, don't these cities excite your imagination!! Included



Area 4-5-6: Wil Heiduk shows us how to carry water! See page 2 for explanation. —*Photo courtesy of David Gustavson*

is a cruise down the Yangtze River to the gorges, and all for less than \$3000.

There is a 4-day optional extension to Guilin and Hong Kong including a cruise along the hauntingly beautiful Li river at a cost of about \$650.

You cannot afford to miss this great opportunity in April '04. Contact Joy Hewett.

—*Joy Hewett*

## AUSTRALIA

G'day mates!! Hooray, I have just heard from both clubs in Australia. Melbourne will not be hosting a Festival in August, and will be able to host us for a homestay in late July or early August. Perth will be able to host us either before or after our homestay in Melbourne. I do not have pricing yet—probably not until early in 2004. We still have room for nine ambassadors... come join us! —*Colleen Scott*, Exchange Director

## ROSTER UPDATES

Please add the following member to your FFSFBA roster:

Lynn Teifert

We now have 49 single plus 46 double members, total 141. Lynn has been a member of the Sacramento club.

—*Yvonne Bretoi*, MembershipChair@ffsfba.org

## REGIONAL MEETINGS

### FFSFBA COORDINATOR NEWS

Because our FFSFBA Club is so scattered geographically, we are attempting to keep united by having get acquainted gatherings in the various areas on the months when there are no regularly scheduled meetings.

Share your event with other members! Email an article and photos (if possible) to the newsletter editor, newsletter@ffsfba.org soon after your event.

—*June Cademartori*, Coordinator

### EVENTS FOR AREAS 5 AND 6

(Sunnyvale, Los Altos, Mountain View, Santa Clara, Cupertino and part of San Jose)

A brunch was held at Dave and Dee Gustavson's on August 30. We invited Area 4 to join us, so 11 of the 27 attendees were from the Palo Alto, Portola Valley, Atherton, and Menlo Park group.

We were pleased to have Friendship Force members Ann and Bernie McGrath join us from Manchester, England. They were housesitting for Burt and Diane Demo who were visiting Germany. The Demos hosted the McGrath's on a F.F. exchange in '99. Other visitors were Guenther of Germany, guest of Annelie Myers, and Christine of San Mateo, friend of new member Elizabeth Thompson of Half Moon Bay.

Several members brought souvenirs and shared their significance. Wil Heiduk's unique, practical(?) flask, bought in Brazil, brought many laughs as he described and demonstrated it. It was actually part of a cow's leg and foot, complete with black fur and hoof, in which he can carry water! (See the photo!)

There was plenty of good food, fun, and fellowship, and plans were discussed for an October get together.

—*Dee Gustavson*

### OCTOBER EVENT FOR AREAS 4, 5, AND 6

Area 4 (Palo Alto, Portola Valley, Atherton, and Menlo Park) was again invited to join Areas 5 and 6 for a double feature movie at the Stanford Theater in Palo Alto on October 26. One movie was "Abhijan", which was filmed in India and directed by Satyajit Ray. The second movie was an American comedy,

"Some Like it Hot." Several members attended both movies, and sixteen met for dinner afterward at Jing Jing's Chinese Restaurant in Palo Alto. Guests of Dee and Dave Gustavson were Ann Blizard and Nelson Glaser of San Jose, and Nan Prince of Palo Alto.

—*Dee Gustavson*

## AREA 10 FUNSTERS

Group 10, known as the Friendly Funsters, got together on Saturday October 25 in spite of the fact that we have a widely divergent area. Planning was by the ever imaginative Rita Hammer so that we were led around historical Hayward for 30 minutes by local historian Banning Fenton, before entering the most popular restaurant in Hayward, Buffalo Bill's Brew Pub. We staked out a claim to a luncheon table for 13 and all had a fabulous lunch. We were joined by Colleen Scott who filled us in on National FF.

—*Dee Donaldson*, Coordinator

## FRIENDSHIP FORCE INTERNATIONAL 27TH ANNUAL CONFERENCE BUDAPEST, HUNGARY OCTOBER 30 TO NOVEMBER 2, 2003

With the theme of REJUVENATION, the 27th FFI Annual Conference took place near the banks of the Danube River at the Hilton Hotel in the Castle District of the Buda hills. The Thursday night banquet featured excellent food and a performance by the Alba Regia Folk Dance Group.

After the opening Plenary Session on Friday morning when trustees were introduced and reports given, a keynote address by Dr Sandor Striker, professor at ELTE University, introduced briefly the people of Hungary.

Afterward workshops included such topics as: Maximizing the Potential of the FFI Web Site; Spreading the Word: Effective Public Relations; Bridge Builders Exchanges; and Diversifying and Expanding Club Membership.

Other workshops offered on Saturday morning included: Community Connections; Cross-Cultural Encounters; and Demystifying the Exchange Matching and Planning Process.

An optional Folklore Dinner in the Castle District was enjoyed on Friday evening. On Saturday evening a Gala Banquet Cruise was the highlight with a four-course dinner and dancing to the strains of Strauss.

Presentation of the Annual Awards was held at the Plenary Session on Saturday. On Sunday The Friendship Force of Los Angeles issued an invitation to attend the 28th International Conference in their city, in early November, 2004.

President Susie Smith presided at the Plenary Sessions and re-emphasized the basic premise of The Friendship Force: "A world of friends is a world of peace."

—*June Cademartori*, FFSFBA Conference Delegate

## FORESTRY NEEDS MORE HELP

If you can help with Friendship Forest watering, etc., please contact Bob Rockett.



**THE FRIENDSHIP FORCE**  
Bringing the world together since 1977  
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## 2004 FFSFBA BOARD MEMBERS EXECUTIVE COMMITTEE

President@fffba.org Louise Heiduk  
Vice President: Joy Hewett  
Secretary: Colleen Scott  
Treasurer: Joy Hillman

### EX-OFFICIO MEMBER

International Field Representative:  
June Cademartori

### STANDING COMMITTEES

Activities: Nina Davidson  
MembershipChair@fffba.org  
Yvonne Bretoi  
Newsletter@fffba.org  
Dave & Dee Gustavson

Parliamentarian: Norm Crane

### EXCHANGE DIRECTORS

#### *Inbound*

Atlanta, Georgia: Karen Mc Cready

#### *Outbound*

Australia: Colleen Scott  
China: Joy Hewett 2  
Northern Ireland: Wil Heiduk

### SUPPORT COMMITTEES

Exchange Banker: Bernice Batchelder  
FF Merchandise: Betsy Steinaecker  
Co-Forester: Bob Rockett  
Co-Forester: Don Dillon  
Program: Karen Mc Cready  
Regional Coffee Chair: June Cademartori  
Special Events: Elizabeth Shumway  
Sunshine: Lois Williams 2  
Webmaster@fffba.org Geri Bechtle

## 2003-4 CALENDAR

December 7,'03 Noon	Holiday Luncheon Four Points Sheraton Hotel, Pleasanton
January 11, '04	Board Meeting
February 15	General Meeting
March 28	Board Meeting
May 16	General Meeting
June 5	Board Meeting
July 11	General Meeting
August 1	Board Meeting
September 12	General Meeting
October 24	Board Meeting
December 5,'04	Holiday Luncheon

FFSFBA website: <http://www.fffba.org>

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(includes some back issues of FFI Magazine)