



...You can make a difference!

The Friendship Force of the San Francisco Bay Area

...a force to promote peace

Vol. 20 No. 3

SAN FRANCISCO BAY AREA NEWSLETTER

July 2003

A MESSAGE FROM THE FFSFBA PRESIDENT

I can't believe that the year is half over. We have completed our one outgoing exchange and in September will have our domestic exchange with the Atlanta Club. I hope everyone will be supportive of this effort.

In July we have our annual picnic, which will be at Prusch Park in San Jose. You may have received information in the mail about it. I hope you will respond early so that arrangements can be made.

Upcoming also at the end of September into early October there will be an FFI festival in San Francisco. All the clubs in Northern California have been asked to participate. There will be many opportunities for involvement. We will need volunteers to help with many aspects of the festival and we will need to provide hosting for people who wish it at the end of the festival. You will be called upon to help and I hope all who possibly can will be willing to support this effort in order to make it a success and to show off our beautiful area.

—*Louise Heiduk*, President@ffsfba.org

HELP US COMPILE A LIST

We want to compile a list of interesting places to visit in the bay area with our incoming ambassadors! Please send me brief descriptions of the places you have enjoyed taking your ambassadors, so we can all benefit from your positive experiences.

—*Louise Heiduk*, President@ffsfba.org

FUTURE SPECIAL EVENTS

Watch for scheduled dates for: Japanese Gardens in Saratoga and Obester Winery in Half Moon Bay.

All daytime events will probably include lunch. Special Events are a good way to get together with other Friendship Force members.

—*Elizabeth Shumway*

SPECIAL EVENTS

The Hawaiian Chieftain is scheduled for August 14th. We have 26 people signed up—16 from the SFBA club and 10 from the Solano Club. As usual the sail is scheduled for a full moon and we know it will be a beautiful evening.

No other Special Events are scheduled at this time, due to other club activities. New events will be listed in the next newsletter.

—*Elizabeth Shumway*



Cutting the FFSFBA Birthday Cake at our 19th birthday party/meeting on April 27. Shown are Elizabeth Shumway, Bob Cowen, ---, and Anne Villarreal, Wil Heiduk's sister, visiting from Santa Barbara.

—*Photo courtesy of David Gustavson*

INCOMING FROM ATLANTA

A group will be coming from Atlanta on September 10, staying until the 15th. We hope to be able to find hosts for 20 on this domestic exchange.

—*Karen Mc Cready*

ANNUAL PICNIC SUNDAY, JULY 13

You should have recently received a letter and registration form in the mail regarding the annual picnic at Prusch Park, at King Rd. and Story Rd. in San Jose. Mail your registration form and \$7 (per person) check made out to FFSFBA to Nina Davidson by July 3.

Phone Nina if you have questions.

Gather at noon at Prusch Park with your dish of food to share. All other food, drinks and tableservice will be provided.

ROSTER UPDATES

Please add the following to your FFSFBA roster:

Gerda Westendorf

Mary N. Wolfe

John T. Randall MD

Martha & Tom De Hart

Also please correct Phyllis Hilton's phone number in the roster.

—*Yvonne Bretoi*, MembershipChair@ffsfba.org

EMAIL RULES!

More and more we are communicating to the membership and to the board through group email. This not only saves postage but is more efficient. As we do more and more communication this way it will become easier, but at this time I'm getting feedback that "I didn't know about" something or other. This may be because people delete things that they don't recognize. Check the subject area of your email messages. If they say "[ffsfba]" it is a message that we think you should read.

We will be sending these messages through the US post office to members who have no email.

—*Louise Heiduk*, President@ffsfba.org

EMAIL ADDRESS CHANGES

Since most of our club messages are now being sent via e-mail, it is imperative that you notify the following people of any e-mail address changes (one email to this address reaches both):

—*Dave Gustavson & Yvonne Bretoi*, EmailLists@ffsfba.org

FORESTRY

Our Friendship Forest in San Jose's Prusch Park grows by one tree for every incoming exchange. We plant a tree that is native to the visiting group's country. If you can help with watering, etc., please contact Bob Rockett.

REGIONAL MEETINGS

FFSFBA AREA COORDINATORS

AREA 1 (Novato, Mill Valley, San Rafael, Santa Rosa, Woodacre),

AREA 2 (Pacifica, San Francisco)

Dean Batchelder

Elizabeth Shumway

AREA 3 (Belmont, Burlingame, Foster City, Hillsborough, San Mateo)

Becky Stafford

AREA 4 (Atherton, Palo Alto, Portola Valley, Redwood City, Redwood Shores)

Annelie Myers

AREA 5 (Los Altos, Los Altos Hills, Mountain View, Sunnyvale),

AREA 6 (Cupertino, Santa Clara, San Jose)

Dee Gustavson

Gloria Nyberg

Barbara Morley

AREA 7 (Capitola, Carmel, Los Gatos, San Jose, Soquel)

Janis Maurry

AREA 8 (Fremont)

Gerry Shannon

AREA 9 (Newark, Fremont, San Jose)

Pat Fortmeier

AREA 10 (Castro Valley, El Cerrito, Hayward, Kensington, Livermore, Martinez, Orinda, Pleasanton, San Leandro, San Lorenzo)

Dee Donaldson

North West Section Captain:

Elizabeth Shumway t

Central West Section Captain:

June Cademartori

East Section Captain:

Loretta Wales

—*June Cademartori*, Captain, Central Section

AREAS 5 AND 6

Twenty FF members and guests are planning to gather at Diane and Burt Demo's home for brunch on Saturday morning June 28. They will also have the opportunity to collate, fold, label, and pick up their own copy of this newsletter early, while they prepare all the newsletters for mailing!

—*Dee Gustavson*, Coordinator.

FF NEW MEMBERS

Janet and Bob Biggins heard about Friendship Force from Bob Cowen and Doris and Cy Donaldson, and since they enjoy meeting people and entertaining in their home, FF sounded like something of which they would like to be a part. Janet works for the Preservation of the Potomac, Franklin Roosevelt's yacht located at Jack London Square in Oakland and also volunteers at the Commonwealth Club in San Francisco. Bob is a supervisory Special Agent for the Justice Department working in San Francisco. They have traveled throughout the United States and would like an exchange to England & Scotland.

Bill Ball also has many Friendship Force friends: Maxine Foster, Margaret and Pat Kingery and Mary and Don Pelland. He hails from Texas, but has spent many years teaching in



We had a good turnout at the FFSFBA 19th birthday party/meeting on April 27. —*Photo courtesy of David Gustavson*

Newark and at Chabot College and has also been a real estate agent. In retirement he devotes a lot of time as chair of the scholarship program for the Retired Teachers Association. Bill has traveled around the US and Hawaii and is looking forward to FF activities.

Phyllis Hilton, California native, is a friend of long-time Friendship Force member Elaine Hatfield. At present she is living in Monterey but may move to Palo Alto. Membership in the Sierra Club and being a Master Gardener have been of great interest for Phyllis. Perhaps she would help with the Friendship Forest?

We welcome back former members Mary Wolfe, Gerda Westendorf, John Randall, and Martha and Tom DeHart, who have renewed their memberships.

More new members next newsletter! —*Diane Demo*

HOLIDAY LUNCHEON SCHEDULE

The Annual Friendship Force Holiday Luncheon will be held on Sunday, December 7th, 2003 in the East Bay at the Four Points Sheraton Hotel in Pleasanton. It will be catered by Faz Restaurant, and we feel sure that it will be a most enjoyable afternoon for us all.

So mark your calendar right now, don't miss out on this festive occasion that will jump-start the holiday season. More details will follow in the next newsletter.

—*Rita Hammer*, Holiday Luncheon Chair.

OPPORTUNITIES FOR LEADERSHIP

This is your chance to have a voice in leading our Friendship Force club. There are two board positions that are becoming available in the coming year.

They are Activities Chairman and Membership Chairman.

I'm very interested in talking to anyone who may have an interest in either of these positions. Please contact me by email or telephone.

—*Louise Heiduk*, President@ffsfba.org

CLUB DUES FOR 2003

Due to the restructuring of Friendship International, all clubs now have to pay dues to Atlanta (singles \$10, couples \$15). Therefore, our club's dues for the year 2003 are: singles \$30 and couples \$50.

Note that these dues do not include a subscription to the FFI magazine—you can see some back issues of the magazine online at the FFI web site, and you can subscribe for \$15/year (three issues).

If you want to receive the FFI magazine, send your check for \$15, made out to Friendship Force International, to 34 Peachtree Street, Suite 900, Atlanta, GA 30303.

EXCHANGE DIRECTORS

We have a continuing need for new Exchange Directors. If you have never done this, you might find it a rewarding experience. If you would like to find out more, contact me.

—*Louise Heiduk*, President@ffsfba.org

JULY 4 PARADE IN FREMONT

The FFSFBA is taking part in the July 4 Parade in the Warm Springs area of Fremont. We still have room for more walkers!

Please call Mary Alice van Doorn for details.

WHERE IS THE FFSFBA PARADE BANNER??

We need the parade banner for the July 4 parade, and haven't been able to find it! It is about 3 feet high by 6 feet wide, and has green letters on a white background. If you know where it is, or have ideas where to look, please call Mary Alice van Doorn.

THE FRIENDSHIP FORCE
Bringing the world together since 1977
The Friendship Force of the San Francisco Bay Area
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info@ffsfba.org Fax by pre-arrangement



2003 FFSFBA BOARD MEMBERS

EXECUTIVE COMMITTEE

President@ffsfba.org: Louise Heiduk
President Elect: Joy Hewett
Secretary: Colleen Scott
Treasurer: Joy Hillman

EX-OFFICIO MEMBER

International Field Representative:
June Cademartori

STANDING COMMITTEES

Activities: Nina Davidson
MembershipChair@ffsfba.org:
Yvonne Bretoi
Newsletter@ffsfba.org:
Dave & Dee Gustavson
Mary Alice van Doorn
Parliamentarian: Norm Crane

EXCHANGE DIRECTORS

Inbound

Atlanta, Georgia: Karen Mc Cready

Outbound

Causeway Coast, Northern Ireland:
Wil Heiduk

SUPPORT COMMITTEES

Exchange Banker: Bernice Batchelder
FF Merchandise: Betsy Steinaecker
Co-Forester: Bob Rockett
Co-Forester: Don Dillon
Program: Karen Mc Cready
Regional Coffee Chair: June Cademartori
Special Events: Elizabeth Shumway
Sunshine: Lois Williams
Webmaster@ffsfba.org: Geri Bechtle

2003 CALENDAR

July 13 Noon–3pm	Annual Picnic Prusch Park, San Jose
July 27 2pm	Board Meeting Spinnaker Cove, Foster City
September 14 2pm	Annual Meeting St. Charles House, San Mateo (El Camino & Second Ave.)
Sept. 10–15	Incoming Domestic Exchange from Atlanta, GA
September 30– October 7	International FF Festival San Francisco; Homehosting in Bay Area
November 2 2pm	Board Meeting Spinnaker Cove, Foster City
December 7 Noon	Holiday Luncheon Four Points Sheraton Hotel, Pleasanton

FFSFBA website: <http://www.ffsfba.org>

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(includes some back issues of FFI Magazine)