



# The Friendship Force of the San Francisco Bay Area

...a force to promote peace

...You can make a difference!

Vol. 20 No. 2

SAN FRANCISCO BAY AREA NEWSLETTER

April 2003

## A MESSAGE FROM THE FFSFBA PRESIDENT

**A**t a time when Friendship Force already faced new challenges, we are now faced with more new challenges, with unrest in the world through wartime and disease. As a result many travel plans have been changed or cancelled. Our own club has been impacted. At this time, as many of you know already, our incoming exchange from New Zealand has been cancelled.

For Friendship Force as we know it to survive, it is essential that we have exchange travel. I know through talking to Nina Davidson that the FFI Board of Directors is addressing this problem. Within our club we also need to address the problem. People join our club hoping to travel and make friends in many places. They deserve to have those hopes realized. At this time, while we find it difficult to offer the opportunities in an international setting, we still have the opportunities to meet these needs through domestic visits. Our new Domestic Exchange Manager, Elinor Wilner, is actively seeking opportunities for domestic visits. We have one already in the works, with the Atlanta club. I have asked Barry Rader and Karen Mc Ready to be co-exchange directors. While they have participated in an exchange, they have never served as directors. I'm hoping that they will find much support from you when they call upon you for help.

Our one outgoing exchange to Ireland is planning to leave in May on schedule. Although we have no plans for another outgoing international exchange, there are exchanges planned by other US clubs. If you wish to travel, I would encourage you to check into one of those, because they probably all need to recruit more members. You can find these exchanges listed on our website, <http://www.FFSFBA.org>

In addition, there will be festivals planned within the US. One of these is also shown on our web page.

—*Louise Heiduk*, [President@ffsfba.org](mailto:President@ffsfba.org)

## INCOMING FROM ATLANTA

**A** group will be coming from Atlanta on September 10, staying until the 15th. We hope to be able to find hosts for 20 on this domestic exchange. —*Elinor Wilner*

## FOUND: FFSFBA FAX EQUIPMENT

The club fax machines have all been rounded up, and now we'd like to find homes where they can be useful again. Contact Nina Davidson for more information.

## COMING SPECIAL EVENT: HAWAIIAN CHIEFTAIN

Sunset Sail—6 PM—9PM, August 14th

Hors d'Oeuvres and Beverages

\$35.00 per person—payment due by May 25th

Space is limited: Reservations will be taken

in the order payment is received.

Please make checks payable to Elizabeth Shumway and mail to her.

## FUTURE SPECIAL EVENTS

Watch for scheduled dates for:

- Japanese Gardens in Saratoga
- Obester Winery in Half Moon Bay

All daytime events will probably include lunch. Special Events are a good way to get together with other Friendship Force members. —*Elizabeth Shumway*

## VOLUNTEERS NEEDED

**H**elp 2 events:

Spread the word about Friendship Force at the Wildflower and Art Festival, Historic Niles District of Fremont, Sunday, May 18, and stick around to enjoy the garden tour and art displays. Sign up for a two hour shift: 10-12:00, 12-2:00, or 2-4:00. Call Karen Mc Cready.

Staff a Friendship Force booth at Stanford's International Festival at the Bechtel International Center on Saturday, May 10, 12-5 pm. Sign up for a 1 or 2-hour shift. If you can help, call Dee Gustavson or sign up at the April 27 meeting.

## RENO SNOW TRAIN ON MARCH 4TH

**T**his was a great trip! There were 20 in our group—16 of our members, two from Solano and two friends. We had entertainment on the train, a dome car to get a better look at

## FFSFBA 2003 EXCHANGES

OUTBOUND TO CAUSEWAY COAST,  
NORTHERN IRELAND

May 2003

Wil Heiduk, Exchange Director



Snow Train to Reno—March 4–6, 2003. Twenty members and friends had a great time.

—*Photo courtesy of Elizabeth Shumway*

the snowy (?) scenery, and an attendant to wait on us in our car. Most of us went to at least one show in Reno and of course there was some gambling. I didn't hear of any big winners, but no one was groaning. Everyone seemed to have a great time and we might want to go again next year.

—*Elizabeth Shumway*



Bruce Wilner, Roger Riffenburgh, Betsy Steinaecker, Elinor Wilner, Lee Munoz (Solano County), Colleen Scott, Norm Crane, Dick Wales, Darlene Boyanich, Bob and June Schultheis, Joanne Crane, Doris Maez, Elizabeth Shumway, Loretta Wales.

—*Photo courtesy of Elizabeth Shumway*



Jock (the banjo player on the train) with Elinor and Bruce Wilner.

—*Photo courtesy of Elizabeth Shumway*

## REGIONAL MEETINGS

### FFSFBA AREA COORDINATORS

AREA 1 (Novato, Mill Valley, San Rafael, Santa Rosa, Woodacre),

AREA 2 (Pacifica, San Francisco)

Dean Batchelder

Elizabeth Shumway

AREA 3 (Belmont, Burlingame, Foster City, Hillsborough, San Mateo)

Becky Stafford

AREA 4 (Atherton, Palo Alto, Portola Valley, Redwood City, Redwood Shores)

Annelie Myers

AREA 5 (Los Altos, Los Altos Hills, Mountain View, Sunnyvale),

AREA 6 (Cupertino, Santa Clara, San Jose)

Dee Gustavson

Gloria Nyberg

Barbara Morley

AREA 7 (Capitola, Carmel, Los Gatos, San Jose, Soquel)

Janis Maurry

AREA 8 (Fremont)

Gerry Shannon

AREA 9 (Newark, Fremont, San Jose)

Pat Fortmeier

AREA 10 (Castro Valley, El Cerrito, Hayward, Kensington, Liver-

more, Martinez, Orinda, Pleasanton, San Leandro, San Lorenzo)

Dee Donaldson

North West Section Captain:

Elizabeth Shumway

Central West Section Captain:

June Cademartori

East Section Captain:

Loretta Wales

—*June Cademartori, Captain, Central Section*

### AREA #1 (MARIN AND SAN FRANCISCO)

A wonderful potluck lunch was held April 5th at the home of Ron and Gloria Greenwald. Nine members attended: The Greenwalds, Nina Davidson, Joy Hillman, George and Alyce Zahorsky, Lan Tran, Louise Heiduk, Elizabeth Shumway, and one guest, Pat Frankforter, from Sonoma. The future of Friendship Force was discussed. Time and place for the next meeting will be announced.

—*Elizabeth Shumway, Coordinator*

## FREMONT MEETING (AREA 8)

**W**e were all “Irish” on March 16 as we celebrated St. Patrick’s Day at the home of Ruth and Harry Edwards with a delicious corned beef and cabbage dinner. Colleen Scott attended as a representative of the FFSFBA board. Steve Cooper arranged for a reporter and photographer from the Argus newspaper to attend also. As you would expect, there were several eager members explaining all about Friendship Force’s purpose and their experiences with incoming and outgoing exchanges. Before the evening ended we shared many Irish jokes. What a fun time!  
—Loretta Wales

## AREA 9 HAPPENINGS

**S**everal of our group met at the Mc Cready/Rader home on Saturday, April 5, to enjoy a potluck lunch and share travel stories. We plan to join other local area groups at the Pizza Depot in Fremont for Tuesday night pizza and jazz during the next two months.  
—Karen Mc Cready

## CASTRO VALLEY MEETING (AREA 10)

**T**he focus group known as Area 10 changed its name to the “Friendship Funsters” when they met for a potluck luncheon on March 22 at Dee & Cy Donaldson’s home in Castro Valley, a nice get-together.

Also from Castro Valley were Grace Giese, Bob Cowen and Dick & Rita Hammer from Hayward, Carolyn Linnard from Kensington, June Joyce and Bob Schultheis from San Leandro, and our new members, Janet and Bob Biggins from San Lorenzo. We had lots of fun and great food.

—Dee Donaldson, Coordinator

## CHARLES SCHULZ MUSEUM—APRIL 11TH

**I**t was a nice sunny day for an outing. Thirteen members gathered at the Warm Puppy Cafe to take the tour of the museum (some had traveled for hours and were in need of coffee). The museum was great and well worth the trip. After the tour and looking around the Gift Shop, etc. we adjourned to Lan and Ken Tran’s home for a catered lunch on the veranda—good food and wonderful scenery. Everyone had a great time.

—Elizabeth Shumway

## EMAIL RULES!

More and more we are communicating to the membership and to the board through group email. This not only saves postage but is more efficient. As we do more and more communication this way it will become easier, but at this time I’m getting feedback that “I didn’t know about” something or other. This may be because people delete things that they don’t recognize. Check the subject area of your email messages. If they say “[ffsfba]” it is a message that we think you should read.

We will be sending these messages through the US post office to members who have no email.

—Louise Heiduk, President@ffsfba.org



Visitors Joy and Bob Rewick at the Region 5&6 meeting March 26 are now members.  
—Photo by Dave Gustavson

## LOS ALTOS, MOUNTAIN VIEW, SUNNYVALE, CUPERTINO, SANTA CLARA—AREAS 5 AND 6

**J**ohn and Gloria Nyberg hosted Area 5 and 6 Friendship Force members for dessert in their Sunnyvale home on March 26. Twenty-five people attended (18 members and 7 guests). The guests were from Mountain View, Los Altos Hills, and Sunnyvale. Dee and Dave Gustavson brought 4 guests, and one couple (pictured above) has already joined the club.



It’s not merely the nice people that moves us to attend these regional get-togethers! This was the spread at the Area 5&6 meeting at Gloria and John Nyberg’s on March 26.

—Photo by Dave Gustavson

A lively game of finding persons with certain qualifications (e.g., “speaks a foreign language”) helped people get acquainted quickly. There was a 5-way tie for first place! The attendees enjoyed sharing highlights of their travel experiences from various Friendship Force exchanges and group tours.

—Dee Gustavson, Coordinator



Gloria Nyberg looks at pictures in a scrapbook, which show Bernice Batchelder made up as a geisha on the recent Japan exchange. —Photo by Dave Gustavson



Muhammad Hakeem and Sarah Soekarso, newlyweds! Married in the morning, attended the February 9 FFSFBA meeting in the afternoon. —Photo by Dave Gustavson

### PLEASE WELCOME OUR NEW MEMBERS FOR 2003:

- Bert William Ball—Fremont
- Jane & Robert Biggins—San Lorenzo
- Phyllis Hilton—Monterey
- Stephen & Lois Smallwood—Sunnyvale
- Laura Sternberg—San Jose
- Ruth Wachs—Los Altos
- Bob & Joy Rewick—Mountain View

We currently have 45 single memberships and 40 family or couple memberships. This gives us a total of 125 members. We are down about 30 members from last year.

—Yvonne Bretoi, MembershipChair@ffsfba.org

### THE APRIL 2003 MEMBERSHIP ROSTER

Please look over the new Roster very carefully and make sure all your information is correct. If you have any corrections, please call or email Yvonne.

—Yvonne Bretoi, MembershipChair@ffsfba.org

### EMAIL ADDRESS CHANGES

Since most of our club messages are now being sent via e-mail, it is imperative that you notify the following people of any e-mail address changes (one email to this address reaches both):

—Dave Gustavson & Yvonne Bretoi, EmailLists@ffsfba.org

### FF NEW MEMBERS

Stephen and Lois Smallwood are retired teachers. Steve taught history, and Lois, 3rd grade. Through the years they have hosted students from Japan and Russia and enjoyed meeting people of different cultures in a home setting. Lately, they have tutored immigrants and refugees in English and met FF member Wil Heiduk, who was also teaching. They have three grown daughters. Lois is active in PFLAG.

Robert and Joy Rewick met FF member Dee Gustavson at “English In Action” at Stanford University. Robert is a research chemist, and Joy a writer at Stanford, but both are passionate photographers as well. Making friends around the world sounds very interesting to them.

Ruth Wachs, retired, was born in Germany but has lived in Los Altos for many years. Her spare time is spent as a volunteer at the senior center. She met FF member June Cademartori, who has told her about the joys of Friendship Force. In May, Ruth is looking forward to being part of the FF exchange to Northern Ireland.

Laura Sternberg met June Cademartori and Joy Hewett at square dancing and heard about FF from them. Laura was born in New York and spends a lot of time in Memphis, Tennessee, helping her mother. She has lived in Santa Clara County for the last 35 years and is a technical editor.

Thank you Dee, June, Wil and Joy for spreading the word about FF.

More new members next newsletter! —Diane Demo



A thoughtful group at the FFSFBA general meeting February 9 at Redwood Shores.

—Photo by Dave Gustavson

### HOLIDAY LUNCHEON SCHEDULE

The Annual Friendship Force Holiday Luncheon will be held on Sunday, December 7th, 2003 in the East Bay at the Four Points Sheraton Hotel in Pleasanton. It will be catered by Faz Restaurant and we feel sure that it will be a most enjoyable afternoon for us all.

So, mark your calendar right now, so you won't miss out on this festive occasion that will jump start the holiday season. More details will follow in the next newsletter.

—*Rita Hammer*, Holiday Luncheon Chair.

### CLUB DUES FOR 2003

Due to the restructuring of Friendship International, all clubs now have to pay dues to Atlanta (singles \$10, couples \$15). Therefore, our club's dues for the year 2003 will be: Singles \$30 and couples \$50. Note that these dues do not include a subscription to the FFI magazine—you can read the magazine online at the FFI web site, or you can subscribe to have a copy mailed to you, for an additional \$15/year.

### EXCHANGE DIRECTORS

We have a continuing need for new Exchange Directors. We will be holding a training session for new EDs in the next few months. If you have never done this, you might find it a rewarding experience. If you would like to be included, contact Louise Heiduk [president@ffsfba.org](mailto:president@ffsfba.org).

### FORESTRY

Our Friendship Forest in San Jose's Prusch Park grows by one tree for every incoming exchange. We plant a tree that is native to the visiting group's country. If you can help with watering etc., please contact Bob Rockett.

### NEXT MEETING APRIL 27, 2003

#### SANDPIPER COMMUNITY CENTER

797 Redwood Shores Parkway, Redwood City

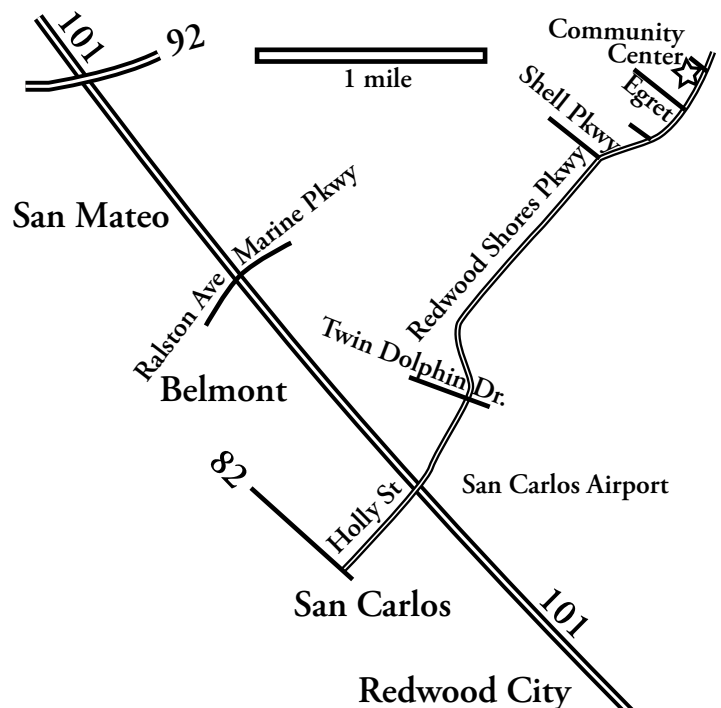
**Directions:** From the north, go south on Hwy 101, exit at Holly St., and loop over 101 to go east (toward the Bay) onto Redwood Shores Parkway, continue as directed below.

From the south, go north on Hwy 101 (toward San Carlos), exit at Holly St., turn right toward the Bay, going east onto Redwood Shores Parkway.

Pass Shell Parkway, then Egret Lane (on left), then turn left into the Community Center parking lot.

Come at 2pm to visit with friends; the meeting starts at 2:30.

—*Louise Heiduk*, President



**THE FRIENDSHIP FORCE**  
Bringing the world together since 1977  
The Friendship Force of the San Francisco Bay Area  
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Phone (408) 243-4822, <http://www.fffba.org>  
[info@fffba.org](mailto:info@fffba.org) Fax by pre-arrangement



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## 2003 FFSFBA BOARD MEMBERS EXECUTIVE COMMITTEE

President@fffba.org: Louise Heiduk  
President Elect: Joy Hewett  
Secretary: Colleen Scott  
Treasurer: Joy Hillman

### EX-OFFICIO MEMBER

International Field Representative:  
June Cademartori

### STANDING COMMITTEES

Activities: Nina Davidson  
MembershipChair@fffba.org:  
Yvonne Bretoi  
Newsletter@fffba.org:  
Dave & Dee Gustavson  
Mary Alice van Doorn  
Parliamentarian: Norm Crane

### EXCHANGE DIRECTORS

#### *Outbound*

Causeway Coast, Northern Ireland:  
Wil Heiduk

### SUPPORT COMMITTEES

Exchange Banker: Bernice Batchelder  
FF Merchandise: Betsy Steinaecker  
Co-Forester: Bob Rockett  
Co-Forester: Don Dillon  
Program: Karen Mc Cready  
Regional Coffee Chair: June Cademartori  
Special Events: Elizabeth Shumway  
Sunshine: Lois Williams  
Webmaster@fffba.org: Geri Bechtle

## 2003 CALENDAR

**April 27, 2pm FFSFBA Birthday Party**  
Redwood Shores, Redwood City

**June 1, 2pm Board meeting**  
Spinnaker Cove, Foster City

**July 13 Annual Picnic**  
Prusch Park, San Jose

**July 27, 2pm Board meeting**  
Spinnaker Cove, Foster City

**September 14 Annual meeting**  
Redwood Shores, Redwood City

**November 2 Board meeting**  
Spinnaker Cove, Foster City

**December 7 Holiday Luncheon**  
Four Points Sheraton Hotel,  
Pleasanton

FFSFBA website: <http://www.fffba.org>

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(includes issues of FFI Magazine)