

Welcome to the Friendship Force San Francisco Bay Area July, 2021 Newsletter

Our Annual Bar-Be-Que is this coming Sunday, July 18, 2 PM start time

Louise and Wil Heiduk are hosting our club's annual bar-be-que which will be held at their home, this coming Sunday, July 18, beginning at 2 PM. This is a reminder that you must register ahead of time and each person registered should bring a side-dish to share, such as an appetizer, salad or vegetable dish. Our club is providing barbecued boneless, skinless chicken breasts and thighs and veggie sausage along with ciabatta and French bread rolls. For dessert we will have root beer floats. Yum!! The event is pretty full at this point but there may be space for one or two more. If you are not already registered select the Local Events Calendar on the ffsba.org website and then register. At the event, we will have interest sheets for our 2022 journeys. We will also have Friendship Force merchandise for sale and a raffle!! Questions? Contact Shirley at foreman.shirley@gmail.com.

Join us for Zoom Happy Hour each Wednesday, 4:00 PM – 5:30 PM.

Here is the Happy Hour schedule for upcoming weeks:

July 14 – Duolingo training – have you ever thought about learning a new language? With Duolingo it might be easier than you think! At this session, we will be watching the Duolingo training video.

July 21 – Partnering with non-profits with Kathy Hart – In a pre-recorded video, Kathy Hart, from the Sacramento Friendship Force club shares what she has learned in working with other non-profits.

July 28th, 10 AM – Please note the time change!! Our African ambassadors will be “zooming” in to visit virtually with us.

If you have ideas for Happy Hour or need help with Zoom, please let me know (foreman.shirley@gmail.com).

FFSFBA Nominating Committee Final Report

At the July 12th board meeting Dave Gustavson reported that these are the candidates for the 2022 term:

Shirley Foreman (president)

Karen McCready (vice-president)

Eric Miller (treasurer)

Megan George (secretary)

The membership will be voting on these candidates at our Annual Meeting, September 12th.

Let's Eat Out

August 13th is our next LEO. Dee Gustavson is organizing it. Stay tuned for more information!

Annual Meeting

Mark your calendars now!! You will not want to miss our Annual Meeting. It will be held at the Spin-a-Yarn restaurant located in Fremont September 12th beginning at 11:30 AM.

Diners will have a choice of Piccata Style Chicken Breast, Wild Mushroom Rigatoni, Linguine with Clams, or Salmon. Soda, tea or coffee will be included. The cost including tax and tip is \$30.00 per person.

At the Annual Meeting we will vote for 2022 officers and do preference voting for 2023 journey destinations. We will also have a silent auction and a raffle. So, don't miss it!!

In Other News...

We celebrated our club's 37th birthday at Prusch Park, June 27th

Twelve members from our club turned out to "spruce" up our Friendship Forest June 27th. The weather could not have been more perfect!! We pruned, weeded, and oiled our way through the forest. Afterwards, we shared lunch; a fun time was had by all!

Lazy Dog restaurant, Newark, July 9th

Ten members from our club met at the Lazy Dog in Newark for our first indoor restaurant meal in about a year and a half! It was fun to actually see each other and catch up on what's been happening with each of us.

Africa Inbound Journey Committee is launching

Speaking of Africa would you like to help our club plan our African friends' visit? If so, a committee is forming now and we expect to hold our first meeting soon. If you are interested in helping please contact me at foreman.shirley@gmail.com or call me at 408 985-6715.

Virtual Tour Presentation with Sacramento and Napa/Sonoma Clubs

Our club is continuing to work on a joint on-line presentation with the Sacramento and Napa/Sonoma Friendship Force clubs on why ambassadors should be excited about visiting Northern California! Our presentation will be live over Zoom in the late August or September time-frame, so stay tuned!!

Visit the New friendship force international Member Website

Enter my.friendshipforce.org in the address bar of your web browser to bring up the new FFI member website. If this is the first time you are viewing the site, you will need to create your account first. Be sure to select "San Francisco Bay Area" as your club. Once approved, you can access all offerings available.

2022 Journey Updates

All of our journeys are in 2022!

Inbound: Nairobi and Tanzania clubs visit our club July 12th through July 19th and then visit the Salt Lake City, Utah club for a week. Journey coordinator: Shirley Foreman

Outbound: In May our club visits Kiel, Germany & for the second week we are proposing to do a Rhine river cruise. Journey coordinators: Carol Halbe

Outbound: Our club visits Mount Gambier, Australia and Kapiti Coast, New Zealand– mid-October (2 weeks total). The Journey Coordinators are Bunny Sprunger and Carol Halbe.

Our Mission and Vision

These are now posted on our ffsba.org website, so check it out!!

Let's remind ourselves of our club's Mission and Vision:

Our Mission

The Mission of FFSFBA is to promote global peace, understanding, and friendship through homestays.

Our Values: Mutual Respect, Cultural Diversity, Cultural Exploration, Service

Our Vision

Our Vision: Each individual will make a contribution to global goodwill.

The Friendship Force worldwide network of clubs and individuals will overcome differences among people and nations.

By connecting the world one friend at a time we will create a world of friends that becomes a world of peace.

The Friendship Force Pledge

Also, let's remind ourselves of the Friendship Force Pledge:

As a member of the Friendship Force

I recognize that I can make a difference,

I recognize that I have a mission.

That mission is to be a friend

To the people of the world.

As I embark on this adventure

I know that others are watching me.

I know that through my example to my own fellow citizens

And people of other nations,

The cause of Friendship, Love and Peace can be furthered.

I can make a difference!

Reminder: Please designate our club in your Amazon Smile account

This is something each of us can do!! Steps:

- a. Enter smile.amazon.com in your browser and Log in
- b. To set FFSFBA as the charity, select the menu item "AmazonSmile"
- c. From the drop-down, select "Change" to change the charity.
- d. Enter "Friendship Force of the Bay Area" and press Search.
- e. When the name is found (Sunnyvale, CA) press Select and the charity is set.
- f. If you see "Water Resource, Wetlands Conservation and Management", just ignore that.

Thank You for doing this because for everything you buy on smile.amazon.com FFSFBA will get .05% and this will help our club stay financially solvent.

That's the news.

All the best in friendship,

-Shirley