



friendship force

SAN FRANCISCO BAY AREA
Changing the Way You See the World

Vol. 30 No. 4

SAN FRANCISCO BAY AREA NEWSLETTER

October/November 2013

PRESIDENT'S COLUMN

Thank you and congratulations to our new Executive Committee for 2014. At our annual meeting on September 14th in Redwood City, Martha LeRoy was elected President and Nancy Menz, Patricia Macholl, and Julice Winter were elected Vice President, Treasurer and Secretary respectively. That is a good combination of experience and abilities in the operations of our FFSFBA club. FFSFBA members also voted to request Costa Rica as our first choice for an outgoing exchange for 2015. At our last Board meeting it was decided to request a reciprocal exchange with the Alajuela, Costa Rica club which we hosted in 2010. Our second choice was a club in Japan.

In addition to the two votes mentioned above, we enjoyed the presentation by Patricia Snowden and Maylou Bartlett on their trip to Myanmar. Their pictures, souvenirs and talks were well received by about 40 people in attendance including at least 7 guests.

In late November our club will also have a great representation at the Friendship Force World Conference in New Orleans. At least nine of our members will attend. FFSFBA recently contributed \$1000 to the Friendship Force Legacy Fund. The money will support the Global Expansion Plan, to increase the number of FF clubs around the world. Our club will be recognized at the New Orleans conference for its contribution. Attempts are under way in our club to make an annual contribution to FFI's efforts to expand.

The year 2014 promises to have some interesting exchanges for FFSFBA. In late February Wendy Dewell will lead an exchange to Australia and Tasmania. There are places available on the exchange, so contact Wendy immediately if you are interested. In June we will sponsor a Themed Exchange on the gold and silver rushes in California and Nevada. The Napa, Sacramento and Reno clubs will also participate in hosting this exchange. RoseMarie Everett has taken over from me the ED responsibilities for the FFSFBA portion of the exchange. Finally, in September we will be hosting the FF club from Biarritz, France. They hosted our club in 2011 with a terrific exchange. Karen Rice, who went to Biarritz with our club, will be the ED for this exchange and is already working on a program. Contact Karen if you are willing to help and/or participate.

Continued on page 2



Medalists Dave and Dee Gustavson, with President Don Pelland

WAYNE SMITH MEDALS FOR GUSTAVSONS

The Friendship Force of the San Francisco Bay Area has awarded the Wayne Smith medal to Dee and Dave Gustavson. The presentation was made on October 20th at the Norway exchange program. This award is FFI's way of recognizing those members who have shown exceptional leadership in promoting the Friendship Force mission.

Dee & Dave have been members of our club since 1984. They have been editor and publisher of our newsletter for at least 17 years, including the last 11 years. Dee gathers up the articles and Dave formats, prints and distributes them. Dave has set up and continues to maintain our membership data base. Those nice new plaques for our trees at the Friendship Forest were designed, built and installed by Dave.

Dee has served multiple times as an Exchange Director, as President, Vice President and Secretary. She has also arranged venues and programs for our events as well as provided the musical lead in our group singing. The Gustavsons have served many times as ambassadors and hosts in FF exchanges. They are always supportive of others in the club by offering help and advice. Dee mentioned at the presentation that she has attended 10 FFI World Conferences and 5 FFI Festivals.

They have served our club well the 29 plus years they have been members, and are very deserving of this award.

—Don Pelland, President

Finally, this will be my last column as President. It has been two wonderful years and I think the club is moving in the right direction. Perhaps, as President, one better sees all the efforts of so many members, which make our club a success. Thanks to all of you! Let's continue to grow and serve to make our world a more understanding and peaceful place to live. Thank you again.
—Don Pelland, President

THE LEGACY FUND AND THE GLOBAL EXPANSION PLAN

Starting this year, when you renew your membership, you will have the opportunity to contribute to the Legacy Fund for FFI. The Board of Directors of FFI is working diligently to make our club relevant for the times. Here is how the money will be used when you share with FFI's future:

The five initiatives of the Global Expansion Plan:

1) Establish 45 new clubs

Establish new clubs in all regions of the world, bringing the total to over 400 for the first time ever, and opening new countries and communities to our global exchange program.

2) Expand themed exchanges and new programs

From wine tasting and gardening to language learning and history, expand themed exchanges to attract a new generation of participants.

3) Leadership for tomorrow

Recruit, train and support volunteer leaders for tomorrow, with materials and techniques designed for a new generation of leaders.

4) Promote the Friendship Force globally

Increase regional, national and global recognition of the Friendship Force through the Internet, social media and global communications.

5) Raise \$275,000 to pay for the Global Expansion

Challenge clubs, members and friends to step forward with financial donations to secure the future of the Friendship Force.

Our club has already sent \$1000 to support the efforts of the Board. The only way FFI will continue to be the outstanding organization that has allowed all of us to enjoy the world, is if you make a donation to FFI too.

The contribution is tax deductible, as we are a 501c organization. You can indicate the amount you want to donate on your membership renewal/application form, and add it to your annual dues when sending your check.

Thank you!

—Barry Rader

REPEAT THE SOUNDING JOY

Ho, Ho, Ho! It's that time of year again. Back by popular demand!

We all had such a joyful time at last year's holiday party, that we are repeating the event this year.

Repeat—Same wonderful place

—Michael's Shoreline in Mountain View

Repeat—Same time: 12 noon–4:00pm, Saturday, Dec. 7

Repeat—Same delicious menu and prices

Repeat—Same terrific entertainment:

—The Madrigal Singers of Mountain View

Once again, we have allowed a full hour for you to order the libation of your choice and schmooze with some of our newer and also our more seasoned ambassadors. Be sure to ask them about their most memorable exchanges, and watch a slide show about the exciting exchanges of 2013.

Come to hear Wendy Dewell trumpet about our future exchange to Australia and Tasmania—There's still room for you to join us.

Hear a presentation about our past exchange to Wales and Germany, which included a tour of Poland and Prague.

If you plan to travel with us to Australia in 2014 or possibly Costa Rica in 2015, you need to make plans now. We know that it is a tradition to keep holiday plans secret, but trust us, The Friendship Force Elf will keep your secret.

You can start making your list right here.

Reserve the date—12/07

Reserve your menu choice (Find the form on page 9.)

Renew your membership (Find the form on page 7.)

Remember to include the Friendship Force Legacy Fund on your list of holiday donations.

See you all there

See you all there

Am I carrying this repeat theme a little far?

—Martha LeRoy

A NEW DIRECTOR APPOINTED TO THE PRUSCH PARK FOUNDATION BOARD:

Thinking that having an FFSFBA member on the governing board of Prusch Park might be of mutual benefit to our Forest and the park in general, I began attending their monthly meetings in July. My appointment became official in September, just in time for me to help with their annual Harvest Fair on October 5. With delight I report that they are an earnest, talented, and fascinatingly diverse group, representing all the many facets that the park offers to the surrounding community—agriculture, Master Gardening, 4-H animals, community vegetable gardens, crafts, rare fruit orchards, summer day camps, and more.

—Karen McCready

RETURNING MEMBER GEE-GEE LENHART

No stranger to travel, Gee-Gee Lenhart was an early member of this FF chapter from 1988 to June, 1999 and went on 8 exchanges including to Iran. She lived her childhood years in North Africa and Europe where her father was a geologist. She returned to her hometown of Palo Alto in her high school years. Her interests are gardens, houses, nature, languages, and singing. She raised four children and has 7 grandsons and now one great granddaughter.



DID WE PROVE THAT “CANADIANS ARE NOT JUST LIKE US”?

Canada was the starring feature at our meeting on August 10 at the Milpitas Library. The building itself, a masterful architectural blend of the historic Milpitas Elementary School with library wings added on both ends, certainly was the co-star. We met in the restored auditorium with its proscenium stage and elegant trim. As the title expresses, the program was designed to prepare us for the visit of members from the Manitoba Club in Winnipeg arriving on September 26. A PowerPoint slide show, presented by Karen and Barry, directed us through Canada's unique history, heavily influenced by the early fur trade, their own gold rush, and interventions from Britain, France, and the U. S. The combination of territories and provinces that exists today reflects the multicultural elements of the Inuit, First Nations, Metis, and French populations, all carefully protected and supported by the government.

The lifestyle of Canadians, all living north of the 49th parallel, includes much emphasis on winter sports and the outdoors in general. Surveys show that the vast majority of Canadians, while recognizing their strong economic ties with the U.S., want to stress the characteristics that distinguish them from the U. S.

The program posed some “hot topics” that might arise in our conversations with the visitors. For example, why were the Canadian provinces fearful of being overtaken by the U. S.? What are the distinctions among the multicultural groups mentioned above?

After the meeting, several members continued the discussion over dinner at the Macaroni Grill in nearby McCarthy Ranch.

—Karen McCready

October/November 2013



Tales from the Forest

This is the first of periodic updates on what's happening at our Friendship Forest in Prusch Park in San Jose. For more information on the history of the Forest,

check our website: <http://ffsfba.org/friendshipforest>

Visits from two international clubs brought two tree dedications this year.

May 18—Horowhenua, New Zealand visit: The dedication of the New Zealand ‘Ruby Glow’ Tea Tree brought forth our special patroness Water Sprite for the first time. Nancialka (aka Nancy Menz) frolicked down the Forest path bearing her magical Watering Can. She asked each New Zealand ambassador to bestow a bit of water on their special tree and encouraged them to return often.

October 2—Manitoba, Canada visit: Martha LeRoy introduced the Water Sprite's entrance by reading her tale from an oversized story book. The federal work stoppage prevented Nancialka from coming, so her cousin, Forestalka (aka Karen McCready), subbed as best she could to direct the watering of the Deodar Cedar for Manitoba.

Recent improvements:

Members who had not visited the Forest for some time were impressed with the handsome new plaques, the number of flourishing trees, and the generally spruced up appearance of the place. Dave Gustavson's Brazilian hardwood plaques are beginning to attract attention from other Prusch Park groups whose signs have been vandalized. Yahoo employees deserve high praise for coming out on a work day and toiling happily for 6 hours to spread 18,000 square feet of clean mulch around the entire Forest. Our waste company donated the mulch.

Hats off to our irrigation angels:

Twenty-one trees remain of the twenty-eight planted since 1994. Nine of those trees owe their survival to a few club members and friends who take turns watering the newer trees that are not on the underground watering system. Karen and David Rice are the only club members besides myself who volunteer for this, and they do at least half of the watering. Saaku Saar, son-in-law of Howard Craven, who founded the Forest, waters at least once a month. Wes Howard, a trainer for the San Jose Sharks, helps us occasionally because of memorial trees planted for his grandparents in that area. With yours truly tied up from a knee injury for at least 6 more weeks, we could use more help.

Next tree planting:

In honor of the Biarritz, France club coming in September 2014, we will plant a Wilsonii olive tree on Friday, November 15. The Our City Forest crew will purchase, deliver, and plant the tree for us while we just supervise and enjoy a beautiful new specimen tree in our Forest. Feel free to come along!

—Karen L. McCready

MARY WOLFE
11/21/1937-8/7/2013

Long time FFSFBA members will remember Mary Wolfe, who died on August 7 in Fremont. Her obituary notes "Membership as an Ambassador with Friendship Force brought travel to New Zealand, England, Scotland, Ireland, Germany, Sweden, Norway, and Denmark." Perhaps some of you traveled with her.

A Celebration of Life was held for Mary on August 24 at Irvington Presbyterian Church in Fremont.

MARTHA LOUISE (SIMON) DEHART
3/17/1920-10/2/2013

Martha, known to family and friends as 'Weezie', passed away at home October 2, 2013. She was preceded in death by her dear husband, Thomas E. DeHart in 2011.

Weezie was born in Mansfield, Ohio, and in 1937 moved to Piedmont, California with her family, where she finished her last year of school at Piedmont High School, and then attended UC Berkeley. In 1939 she and her husband, Tom, eloped to Yuma, Arizona, much to the chagrin of her father. They were married for 72 years, happily disproving her father's judgment.

Her hobbies and interests included volunteering with many charitable organizations, extensive travel, and gardening.

She was a member of the Fremont Congregational Church (UCC) for over 50 years, and was committed to their mission of helping the needy of Fremont.

Martha and Tom were FFSFBA members for several years, and enjoyed traveling with our Club.

DISCOVER NORWAY 2013 PROGRAM
IN PALO ALTO

At our October 20th meeting, we Bay Area ambassadors from the August "Discover Norway" Exchange tried to do justice to a country of gracious people, colorful history, and breathtaking scenery. An added attraction was the venue, the Palo Alto Lawn Bowls Club, in a Palo Alto park adjacent to Elizabeth Gamble Garden on Embarcadero Road. While a few of the Bowls Club members quietly plied their game on the carefully manicured outside green, we enjoyed the cozy ambiance of their open-raftered clubhouse and indulged ourselves on traditional Norwegian foods furnished by Julice Winter and Gloria and Ron Greenwald.

A PowerPoint program presented by Karen and Barry, "Fjords, Folkways, and Friends of Norway," introduced the twenty ambassadors—one from Tasmania, five from South Africa, eight from our club, and six from other U.S. clubs. The slide show followed their itinerary from Oslo to a six-day home stay in Bergen with club members and then on to the Sognefjord via the Flam Railway, to Sogndal, Lillehammer, and then back to Oslo for their separate departures home or on to further travels.

Speaking on the highlights of their trip, the Greenwalds spoke of the exceptional friendliness and inclusiveness of the people; Julice, of the active children; Pat Macholl, of her delight in the new friendships and caring hosting of her first

Friendship Force exchange; Barry Rader, of the excellent and thrifty (free!) hospital care he received; and Karen McCready, of the remarkable group of ambassadors who met as strangers in Oslo and became a harmonious team. Louise and Wil Heiduk were unable to attend to add their personal highlights.



As Barry noted, Friendship Force International promotes these global "Discover" Exchanges to help found a new club or bolster a faltering one. In this case, the Bergen club, the only one in Norway, needed some encouragement after a few years without hosting an exchange. We hope that the combined experience and enthusiasm that our ambassadors shared with them will help them reach out to new members and become a vital club again.

Takk (thank you) to all who shared this journey with us, both directly and vicariously. —*Barry Rader and Karen McCready*

AUSTRALIA EXCHANGE—FILLING UP

Our club's only outbound exchange next year is a 3 week trip to Australia, with 2 one-week-long homestays with the Hobart Club in Tasmania (known for its scenic beauty and history), and with the Murray Bridge Club in South Australia (known as the bread basket of Australia, including wine). We will also spend 4 nights in Sydney and 3 nights in Melbourne.

NOW is the time to express your interest and send in your application to our FFSFBA exchange to Australia Feb 20–Mar 15, 2014!!

It is open to our club members, and as of Oct 20th has been opened to other FF Club members. As of October 27, we currently have 11 committed ambassadors, 7 from our club and 4 from other clubs. The host clubs can accept a maximum of 16.

To apply, you need to fill out an ambassador application (on-line at FFI), and send a check to FFSFBA for \$25, which is non-refundable if you are accepted. Acceptance criteria are: 1) that you be a "good" ambassador, 2) you are mobile, 3) you can carry your own suitcase, and 4) that you want to participate in the activities the host clubs will have planned for us.

For more information, email Wendy Dewell, or Karen McCready,

—*Wendy Dewell, E.D.*

HIGHLIGHTS OF THE MANITOBA, CANADA EXCHANGE

I'm most thankful for my planning committee who attended numerous meetings to organize this exchange. We are very grateful to the 11 home hosts and 8 day hosts who made it possible for 17 Canadians to participate in a great exchange with our FF Club.

According to the Canadians' evaluations, they enjoyed mingling and meeting many new friends from our club at the Welcome Reception at the Olive Hyde Art Gallery. Food & beverages were served on the patio and in the Mission Room while listening to guitarist Carl Tichen, who contributed to

the ambiance on the plaza as he sang songs familiar to both Canadians and us.

The Hayward Culture Day was a full one. This included a tour of All Saints Catholic Church, coordinated by Joe & Marty Fraga. Steve Mullin, lay pastor of the church, gave an outstanding tour describing the architecture of the classic California and Spanish design of the 100-year-old church.

Our next stop was a visit to the Hayward Senior Center and the David Morrisson Theatre, followed by the Japanese Gardens. Lunch provided a wide variety of Asian food at the Koyko Buffet.

The Mural tour was informative and enjoyable, but too long for some. It was especially interesting to have two artists describe their subjects and research in preparation of their paintings, as well as the challenges in painting on different wall surfaces.

The first day in San Francisco was sunny and clear! I was successful in getting all 25 of us on the same Powell & Hyde Cable Car! Although very crowded, it was exciting to see the sights of the various neighborhoods as the cable car wound through the streets and hills.

After touring the San Francisco Maritime Museums (terrific views of the Bay that day), we ate lunch at Fisherman's Wharf. Then 32 of us rode the "Duck" while touring land and bay on a WWII-style amphibious truck/boat vehicle. Everyone used their duck calls to startle tourists below. A few people had a chance to 'drive' the "boat" when we were in the water behind McCovey Cove.

Sunday & Monday were free days, so the hosts took their Ambassadors to view new sights all over the Bay Area. Pot-lucks added enjoyment on each side of the Bay.

On Tuesday, Oct. 1, our first stop was at the Palace Hotel, built during the end of the 19th century. At Pier 33, Alcatraz Terminal, we were met with initial disappointment with the closing of our Federal Government. This caused our tour of Alcatraz Island to be cancelled, much to our dismay. However, Alcatraz Cruises instead took us on a 75-minute tour of the Bay on their beautiful new three-story hybrid boat! Everyone loved the Bay cruise around Golden Gate Bridge & Alcatraz Island. While dining at Neptune Palace on Pier 39, we enjoyed lovely views of the Bay.

Our last day of touring was spent at Prusch Park in San Jose. Our Ambassadors were touched by our Water Sprite (a.k.a. Karen McCready) ceremony, which allowed each Canadian to water their tree in the Friendship Forest, in honor of their club's exchange with our club.

While touring the Winchester Mystery House, we learned about Sarah Winchester, who was the only heir to the famous Winchester Rifle fortune of the 1880's. The House has a unique design of windows and doors, with the number 13 being significant in every room.

The Farewell lunch followed in the private Winchester Room. Stan Croall, ED from Manitoba, shared his photos from the week's exchange. We presented our club pins to the Ambassadors, as well as their picture with their host on a Hayward mural card.

The final farewells were said at San Francisco Airport the following day. We were sad to see our new FF friends depart, but wished them Bon Voyage, hoping to see them all again one day.

—RoseMarie Everett, Exchange Director



RoseMarie Everett, E.D. FFSFBA and Stan Croall, E.D. Manitoba





Membership/Renewal Application



friendship force

SAN FRANCISCO
BAY AREA

The Friendship Force of the San Francisco Bay Area offers:

- Participation in exchange activities
- Frequent newsletters
- Regular planned activities
- Meeting wonderful and interesting people

Join now and help foster world peace through friendship!

Annual membership dues for 2014 are \$ 40.00 per individual or \$ 60.00 per couple or family.

Dues are payable by January 31. **(A \$5.00 discount can be taken if submitted by the due date).**

An additional fee of \$10.00 will be added if you wish to receive a printed copy of our newsletter. Otherwise you will receive an email through our Yahoo group indicating that the newsletter is now available on line.

Date of application/renewal: _____
month/day/year

Members:

Last Name	First	Middle	Date of Birth
_____	_____	_____	_____
_____	_____	_____	_____

Address:

Street	Apt. No.	City	State	Zip
_____	_____	_____	_____	_____

Telephone: Home (____) _____ Cell (____) _____

E-Mail address _____

Occupations (former if retired): _____

For the 2014 Gold Rush exchange June 10-15 are you willing to:	Home Host?	Yes	No	Maybe
	Day Host?	Yes	No	Maybe
	Potluck Host?	Yes	No	Maybe

For the 2014 Biarritz, France exchange September 15-21 are you willing to:	Home Host?	Yes	No	Maybe
	Day Host?	Yes	No	Maybe
	Potluck Host?	Yes	No	Maybe

Please check other activities in which you might like to participate:

Exchanges

- | | |
|---|--|
| <input type="checkbox"/> Exchange Director, Inbound | <input type="checkbox"/> Exchange Director, Outbound |
| <input type="checkbox"/> Exchange Treasurer | <input type="checkbox"/> Exchange Committee for inbound exchanges |
| <input type="checkbox"/> Australia Outbound Exchange in 2014 | <input type="checkbox"/> Outbound Exchange in 2015 (To be determined) |

Positions in FFSFBA

- | | | | |
|---|---|--|-----------------------------------|
| <input type="checkbox"/> Club Officer | <input type="checkbox"/> Activities Committee | <input type="checkbox"/> Exchange Banker | <input type="checkbox"/> Programs |
| <input type="checkbox"/> Membership Committee | <input type="checkbox"/> Publicity | <input type="checkbox"/> Newsletter Editor | <input type="checkbox"/> Forester |
| <input type="checkbox"/> FF Merchandise | <input type="checkbox"/> Sunshine | <input type="checkbox"/> Webmaster | |

Special Skills

- | | | |
|--|---|--------------------------------|
| <input type="checkbox"/> Computer Programmer | <input type="checkbox"/> Foreign Language _____ | <input type="checkbox"/> _____ |
|--|---|--------------------------------|

I have enclosed: Annual Dues (\$40/\$60) \$ _____ (Don't forget your early pay \$5 discount)

Printed Newsletter (\$10) \$ _____ (if desired to have it mailed)

Tax-Deductible Donation to the Legacy Fund \$ _____

☐\$25 ☐\$50 ☐\$100 ☐Other

TOTAL \$ _____ (make payable to FFSFBA)

Mail your check and this completed form to:
October/November 2013

FFSFBA Membership
7868 Hazelnut Drive
Newark, CA 94560



FRIENDSHIP FORCE HOLIDAY LUNCHEON

Saturday, December 7, 2013

Michael's Restaurant
2960 North Shoreline Blvd.
Mountain View

Noon to 1:00 p.m. is a social hour with a no-host bar
Lunch will be served at 1:00 p.m.

Menu Choices
Roast Beef, English cut, au jus
Broiled Salmon, lemon beurre blanc
Baked Cannelloni, Italian style
Grilled Vegetable Brochette with Wild Rice
Includes seasonal greens, vegetables, potato du jour, rolls, coffee
and chocolate mousse
Information: Nancy Menz (510) 266-0824

----- Detach Here -----
Holiday Luncheon Reservation: **MUST BE RECEIVED BY NOVEMBER 24TH**

Name(s): _____

Phone: _____ **E-Mail Address:** _____

Roast Beef	# _____	@ \$28.00 = _____
Broiled Salmon	# _____	@ \$27.00 = _____
Baked Cannelloni	# _____	@ \$23.00 = _____
Vegetable Brochette	# _____	@ \$21.00 = _____

(Tax and Tip are Included) Total _____

Please mail check payable to FFSFBA and the reservation form to:

Nancy Menz
29273 Nantucket Way
Hayward, CA 94544

2013 FFSFBA COMMITTEES

EXECUTIVE COMMITTEE

President@ffsfba.org: Don Pelland
VP@ffsfba.org: Martha LeRoy
Secretary@ffsfba.org: Ann Halligan
Treasurer@ffsfba.org: Nancy Menz

STANDING COMMITTEES

EventPlanner@ffsfba.org: open
Membership@ffsfba.org: Carol Easter
Newsletter@ffsfba.org: Dave & Dee Gustavson
Publicity@ffsfba.org: open
Webmaster@ffsfba.org: Dan Eggerding

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Karen Rice

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Hospitality@ffsfba.org: open
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Sunshine@ffsfba.org: Darlene Boyanich
MemberRecruitment@ffsfba.org: open
MemberWelcome@ffsfba.org: Natalie Heling
Forester@ffsfba.org: Karen McCready

2013 CALENDAR

**November
23-25**

**FF 2013 World Conference in
New Orleans**

December 7

**Holiday Luncheon, 12 noon,
at Michaels Shoreline
Restaurant, Mountain View**

2014

**February 20-
March 15**

**Outbound Exchange to
Murray Bridge, Australia
and Hobart, Tasmania**

June 10-15

**Joint Inbound Exchange,
Gold and Silver Rush,
5 days in Bay Area**

**September
15-21**

**Inbound Exchange, from
Biarritz, France**

FFSFBA website: <http://ffsfba.org>

Friendship Force International

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Website: <http://thefriendshipforce.org>

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SAN FRANCISCO BAY AREA



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