



friendship force

SAN FRANCISCO BAY AREA
**Experience Different Views.
Discover Common Ground.**

Vol. 34 No. 3

SAN FRANCISCO BAY AREA NEWSLETTER

August/September 2017

A LETTER TO FFSFBA ON YOUR 33RD BIRTHDAY

Note: I read this letter at our May Birthday Meeting and thought I would publish it to give all our members a chance to read a brief history of our club. Recently, I wrote another description in response to FFI's request to explain why our club is, in their opinion, one of the most successful. They will include that description in a handout at the Manchester World Conference.

Dear FFSFBA,
As a 33 year old, you're just hitting your stride, right? When I look at your lists of accomplishments, though, I think you might rank as an over achiever—nothing to be ashamed of! Friendship Force International had been established only 7 years when a few inspired, energetic members heard the good news and went through the formalities to start this new club. FFI's mission was so compelling and the opportunity to meet locals throughout the world was so unique that the club grew quickly, attracting many civic leaders among its membership. The membership roster of the barely 2-year old club on April 1986 lists 146 members, 44 couples and 58 singles. By the time Barry and I joined in 2002, many of those members were no longer active, but your club was still thriving. Before long, FFI was active on 6 continents, in 60 countries, with more than 400 clubs, and that number remains pretty stable. FFI continues to expand, even with all the restrictions on travel since 9-11.

If one of the main purposes of an organization is to experience other cultures by spending time in members' homes abroad, I guess you might measure your success by how many outbound journeys your club members have made in these 33 years. The club has averaged at least one each year and often visits more than one club on an outbound journey. So the number of clubs visited is actually at least 70.

The other side of the membership coin is hosting, and your club has kept up the same impressive track record with an average of one inbound group per year and sometimes more. Thus, the total number of clubs you have hosted is 53.

Our travels and our hosting are not evenly distributed around the globe because many countries have no clubs or few clubs and others, such as Japan, Canada, Australia, and New Zealand have many clubs. With about 100 U.S. clubs, you have to take turns sharing guests from more "exotic" places.

You must be commended, also, for keeping a metropolitan club vital for all these years. Unlike so many urban areas, you've

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FFSFBA'S WONDERFUL JOURNEY TO SAPPORO JAPAN

In June, 19 members of the San Francisco Friendship Force traveled to Sapporo, Japan to visit the club there. This is the same club that visited us here last year on an "English Improvement Exchange," so many of us were meeting old friends as well as making new acquaintances. A smaller number of us spent a week visiting central Japan's historic areas of Kyoto, Nara, and Hiroshima, prior to the formal exchange.

We had a wonderful time with the Sapporo Club. They were very well organized with day events and potlucks for small sub-groups of our members to help their members who were still working. This way we got to know a wider circle of people than just our hosts, which was wonderful.

We had a lovely Welcome Party that was also a celebration of their club's 20th birthday and the 40th Anniversary of Friendship Force International.

A key highlight from the visit included a Japan Cultural Day at which all our members were given a chance to dress in traditional Japanese kimonos, learn Japanese skills such as origami, flower arrangement, calligraphy, and how to perform the tea ceremony. Some of us already experienced being dressed in full kimonos for an outing to a Japanese villa in the fishing town of Otaru, where anyone dressed in Japanese traditional dress received free entrance to the museum. While still in kimonos, this group also visited a saki factory in that same town. Some of us visited the ski jump area left over



Welcome Party in Sapporo, Japan

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President's Column, continued from page 1, column 1

learned how to adapt to the traffic patterns, to schedule events in a variety of places throughout the year, and to cater to the specific needs of members in your area. Your leadership has refused to let the membership become too centered in any one part of the region and insists upon alternating events between the West and East Bays and continues to look for ways to get more North Bay and Marin members involved.

These metropolitan challenges may have impacted your membership, but you can be proud of retaining an average of 70 members over the past few years. Now you have many more singles than couples and fewer homes that can accommodate guests. Your members adapt remarkably by pitching in as day hosts, potluck hosts, and planners when they are unable to provide room and board.

You have a steady flow of new members, perhaps drawn by one of the other special facets of FFSFBA—your social activities. Two activities introduced in recent years have given members something to look forward to every month. Let's Eat Out (LEO) features a different ethnic restaurant each month and enlists many members to host these events. The almost-monthly 5th @ 5:00 gatherings for food and drinks in various attractive watering holes have had a loyal following and have brought in new prospects through the Meetup communication system. Obviously, your members love spending time with each other!

Don't underestimate the status of your club and its members within the region and the world. Among the honors accorded our members:

Nina Davidson served on Friendship Force International's board of directors;

Barry Rader served 3 years as FFI's Field Rep for the Western Region;

Dee and Dave Gustavson were awarded FFI's highest honor, the Wayne Smith medallion;

On a plaque in FFI's headquarters in Atlanta is an inscription acknowledging your club as a major donor at the inception of the Legacy Fund;

Some of your members have been recruited to lead global "discovery" journeys for FFI.

So take a bow, FFSFBA, as you celebrate your 33rd birthday! With your energy and ideas and FFI's dynamic adaptation to its present needs, you will continue to prosper.

Proudly, —Karen L. McCready, serving my second two-year term as your President.

Continued from page 1, column 2

from the 1972 Winter Olympics. Others visited the Sapporo Museum, which features the rich cultural tradition of the indigenous Ainu people of Hokkaido. Some went to the outdoor sculpture park, with its acres of modern Japanese sculpture and installations.

All of us went on an overnight visit to a traditional Japanese onsen (inn with thermal baths). We all got really, really clean in this beautiful setting by a picturesque volcanic caldera lake.



A style show of kimonos: Standing, Dee Gustavson, Saaku Sarr, K.C. Sarr, Jennifer Lam, RoseMarie Everett. Seated, Maylou Bartlett and her Japanese host.

In downtown Sapporo, we had a quick formal visit with the Vice-Mayor of Sapporo, facilitated by his American translator and Sapporo Club members who speak good English. We ate delicious Japanese food everywhere, not least at the sumptuous Farewell Dinner the club put on for us. There, they entertained us with a performance of the koto (Japanese harp) played by one of their members, and we entertained them with classic American songs and two types of dance performances, one by Roger Riffenburgh and Darlene Boyanich, who demonstrated choreographed ballroom dance, and the second, some lively Caribbean merengue and salsa performed by Edith Miranda with some help by Saaku Sarr.

Participants in our travels included Maylou Bartlett, Darlene Boyanich & Roger Riffenburgh, RoseMarie Everett, David Craven, Ann Freeman & Ole Krogh, Dave & Dee Gustavson, Wil Heiduk, Jennifer Lam, Edith Miranda, Mary & Cal Morris, Ron & Joy Ragon, David & Karen Rice, Saaku & K.C. Sarr, and Julice Winter.



Some of our Japanese hosts
August/September 2017



The Sapporo Club welcomed us at the airport



The Sapporo Club sang "Take Me Out to the Ball Game" with us as we gave them baseball caps.

All but three were able to attend a reunion at Dave & Dee's home on August 12. Attendees all agreed that the Sapporo Club did a superb job of organizing the week's fascinating activities. They kept us on the go, and served us delicious food!

The group shared photos, with the hope of including them in a creative memory book.

We hope to stay in touch with our warm and lovely hosts from Sapporo, not only for the friendship, but also to continue to help them improve their English, which they are all very serious about.

—K.C. Sarr, Journey Coordinator

DATES FOR THE 2018 OUTBOUND JOURNEY TO NAIROBI, KENYA

This club's 2018 Outbound Journey is going to be to Nairobi, Kenya. The dates for this trip have been set for February 10th–24th, 2018. The trip will include a one-week homestay with families in Nairobi, and a one-week optional safari to a game park,

arranged by the Nairobi Club. The club can host 25 people, so sign up soon, because there has already been a lot of interest shown in this trip. We just learned that the Denver Club, which some of us will be visiting in October, will be hosted by the same club in Kenya in late October, so we will learn first-hand from Denver members what to expect, after they return from their journey.

For background, you should know that Nairobi sits on a high plateau almost 6,000 feet above sea level. It is therefore much cooler than most people expect for Africa. In fact, although February is the hottest month, the average temperature for that month is only 69-70 degrees, with highs only occasionally reaching into the low 80s. So for those who fear hot temperatures, you probably won't find them in Nairobi. Nairobi also has its own game park, right on the edge of town. So, if it works with your host's schedules, there is always a chance you can just run out to the edge of town to see lions, rhinos, giraffes, or ostriches. (That's what I did once, when I only had a few hours left before a flight.)

Our club's Journey Coordinator for this trip is K.C. Sarr, who has lived and traveled in Africa before, including previous visits to Nairobi. For those interested in going to Kenya in February 2018, please e-mail K.C. Sarr at . The first information meeting for this trip will be held in late October/early November. For those seriously considering going on the Kenya trip, please e-mail K.C. about which of the following possible dates would be best for you for this meeting: October 21st, October 28th, or November 4th.

—K.C. Sarr, Journey Coordinator

SPEAKERS' PRESENTATION IN SAUSALITO

When Myra Rey Bear moved back to Marin last year and renewed her FFSFBA membership, we discussed ways to attract more members in Marin County who can accompany her to events and help plan activities in their neck of the woods. She got on that right away, contacting several of the Marin "Villages." If you're not familiar with the Village concept, it has spread across the country as a way to allow seniors to "age in place" in their private homes by providing the services they can (or should) no longer do for themselves. Through the combined efforts and publicity of the Sausalito Village manager and the Sausalito Library librarian, Barry and I presented a narrated PowerPoint program on June 22nd entitled "Faces, Not Places." We began with FFI's enticing new video and then launched into our collection of photos and stories about hosts and guests we have met during our 15 years in Friendship Force. Knowing full well that most of our club's activities may seem out of reach for Marin residents, we added some suggestions about how to bridge that chasm. This would include holding one meeting a year at the San Francisco Public Library in Civic Center and scheduling at least one event either at the Marin or San Francisco end of the ferry route. It's partly a matter of recalling how we managed to include Marin members up until a few years ago, when some Marin members even served on the board.

Although we had a small turn out in Sausalito, we met a couple who are wonderful prospects and are passing the word on to others who couldn't attend. We hope to welcome some new members from Marin soon. How about planning to take the ferry to spend a day in Sausalito sometime soon?

—Karen L. McCready

2018 SLATE OF OFFICERS

The nominating committee, consisting of Barry Rader, Karen Rice and Louise Heiduk, recommend to the FFSFBA community for 2018:

Dee Gustavson, President

RoseMarie Everett, Vice-President

Kathy Bray, Secretary

Roger Riffenburgh, Treasurer

—Barry Rader, Chair

OUTGOING AND INCOMING EXECUTIVE COMMITTEES TO MEET ON NOVEMBER 14TH

FFSFBA's new slate of elective officers, the Executive Committee, will be voted in at our Annual Meeting on September 17th. In keeping with our Bylaws, the four members of the new team will meet to review the Bylaws and begin planning for 2018. The outgoing elective officers will meet with them to offer advice and ensure a smooth transition. The meeting will be held on November 14th, time and place to be determined.

—Karen L. McCready, President

VOTE ON BYLAWS CHANGES!

Please read the full text of the Bylaws, published in this issue, and be prepared to vote on the proposed changes at the Annual Meeting—Sunday, September 17, 2:00 pm, at Hillview Library, 1600 Hopkins Ave., San Jose.

—Karen McCready, President



RoseMarie Everett and Dee Gustavson



Hillview Library, 1600 Hopkins Drive, San José 95122, site of September 17 meeting next month

WHY SHOULD YOU WANT TO ATTEND OUR ANNUAL MEETING ON SEPTEMBER 17TH?

FFSFBA's Annual Meeting on September 17th

Hillview Library

1600 Hopkins Drive, San José 95122

Link to their location:

<https://www.sjpl.org/hillview>

Meeting time: 2–4:00 pm

(Set up committee at 1:00)



1. Moina Shaiq, long time resident of Fremont, will present her “Meet a Muslim” program that has enlightened hundreds of people throughout our region. She eagerly awaits your questions.

2. We will be electing our officers for 2018. This capable group willing to lead us onward is announced in the previous column of this newsletter.

3. We will invite your input about choices for outbound journeys for 2019. FFI enables us to plan far in advance for our international travels. Help us to select destinations that you actually want to visit. They gave us our first choice for 2018, so they do listen.

4. Bylaws are not exciting reading material, but we invite you to peruse them, published in their entirety in this issue, with proposals for amendments. The Bylaws were written when our club was new in 1984. A few things have changed since then. To make these changes official, we need a vote by a quorum at this Annual Meeting.

5. You will get a glimpse of Hillview Library. It is just one of San Jose's 24 library complexes throughout the city. Like its sister libraries, Hillview reflects the personality and needs of its neighborhood, and the vibrant activity there shows that it is fulfilling its purpose. We will have it to ourselves that day, however. Just enter the Community Room from the outside, on the right end of the building.—Karen McCready, President

The Friendship Force of the San Francisco Bay Area invites YOU to this
FREE program, open to all . . .*

Sunday, September 17, 2017, 2:00-4:00 PM
Hillview Library, 1600 Hopkins Drive, San José 95122



Come and meet an ordinary Muslim woman. Learn how she raised her children in America, why she started this program, and what she is trying to achieve.

Meet a Muslim[®]

You have questions? I have answers.

**Are women oppressed in Islam?
How does Islam view other religions?
What is Sharia Law?
What is the Islamic view of terrorism?**

**Bring any question and I will try
to answer it to the best of my
ability. I will not be offended by
any question.**

***Friendship Force of the San Francisco Bay Area (FFSFBA)**, is an organization that participates in one-week home stays both at home and abroad. Our purpose is to experience countries and cultures different from ours, to promote understanding between us, and to cultivate friendships. We are a member club of Friendship Force International.

We welcome the general public to experience this enlightening program and to learn about how Friendship Force has been promoting peace and cultural understanding since 1977.

Light refreshments will be served.

ffsfba.org

friendshipforce.org

Experience different views. Discover common ground.



OUR DAY IN NILES, AUG. 6, 2017

Friendship Force of the San Francisco Bay Area had a great time on the Niles Train departing from beautiful Sunol, CA at 12:30 pm. Sixteen of us rode the Niles Canyon Railway historical train. We sat in an outdoor car to enjoy the cooler weather and each other's company. We enjoyed the sights and sounds as we snaked through Niles Canyon with the Alameda Creek to our left.



Riders of the Rails

A train volunteer told us about this historic route that linked America's East & West Coast train tracks together for the first time, and stories of some famous characters who once roamed the Canyon, including Joaquin Murrieta, Bronco Billy and Charlie Chaplin.

History comes alive traveling by vintage train over the original transcontinental route completed in 1869 and restored by Niles Canyon Railroad. Our train was pulled by Western Pacific organic-diesel engine #918. Our round trip train ride lasted 90 minutes, with a stop in Niles.

The Niles Canyon Railway has been riding on these tracks for 31 years. The Sunol Depot where we departed was built in 1885, and is currently undergoing restoration by Pacific Locomotive Association volunteers.

Afterward we met six additional Club members in the town of Niles for ice-cream cones at the Niles Ice Cream Sweets & Eats on the corner of J & Niles Blvd. We visited some antique shops as we ambled down Niles Blvd. to Essanay Silent Film Museum. There Dorothy, the president, gave us a brief talk on the historical museum as we sat in wooden upholstered theatre chairs of the early 30's. We saw three silent black and white movies: "The Trip down Market Street," which was filmed two days before the San Francisco earthquake in April of 1906, "The Making of Billy Bronco," & the famous film, "The Tramp" with Charlie Chaplin, filmed in 1915 in Niles Canyon.

At 4 pm we walked a short distance and took a picture or two of Charlie Chaplin's statue in front of the Florence Bar, also known as the Biker Bar. There all 22 of us walked through the bar, filled with Sunday bikers, to our reserved tables in the

casual dining area in the back. Gracie & Janie did a great job of barbecuing and serving our chicken and steaks to order.

One new member participated, Ken Shing, and four guests: Pilar, Bob, John, and Mary.

Following dinner, The Florence Bar had a live band, The Aftermath, that entertained those that wanted to stay after 5. Did you see Edith & Maureen cutting the carpet with their rock'n roll dance moves?

See page 12 for our next FF outing, to Sacramento by train, on October 14.

—RoseMarie Everett, Social Director

OKLAHOMA CITY & DENVER JOURNEY

Plans are complete for this combined journey. We are eager to experience western hospitality at its best in these two great cities: Oklahoma City (Sept. 24–30) and Denver (Oct. 1–7). A total of seventeen ambassadors are flying to Oklahoma. We welcome a couple from the Santa Barbara FF. Sixteen members are going to Denver. Five of our club's members will be traveling with our Friendship Force club for the first time. We hope they love it as we do, and will travel often with Friendship Force in the future.

Many thanks to Jennifer Lam, who created the spreadsheet and kept it up to date with all the important information needed to communicate to Oklahoma City & Denver. I am also grateful to Olga Pekelny for organizing all the photos and profiles of each of the 18 Ambassadors going on these journeys.

We look forward to participating in each of these week's activities, planned by Ken Coy, the Coordinator for Oklahoma City, and Luree Miller, who is Coordinator of the week in Denver. Luree and her husband Scott were formerly members of our club, before moving from San Francisco to Denver.

—RoseMarie Everett, Journey Coordinator



June Harris, Gina Hudson, RoseMarie Everett, and the train conductor.

AUGUST 5TH AT 5

Thirteen members and three visitors enjoyed reconnecting at the Courtyard by Marriott in Los Altos on August 5th during drinks and snacks. Dee Gustavson provided brownies to celebrate Dave's 75th birthday. Half of the members present had recently experienced a superb journey in Sapporo, Japan, so had many delightful experiences to share. Of course each traveler bragged that they had the best Sapporo host!

Attendees were reminded of the Fun Trip planned by RoseMarie Everett for Niles the next day, and the annual meeting coming up on September 17 at San Jose's Hillview Library.

—Dee Gustavson

LET'S EAT OUT

LEO (Let's Eat Out) are scheduled once a month by different hosts or hostesses. These marvelous Friendship Force people choose their favorite ethnic restaurant in their area to host a lunch or dinner.

Our members and guests get a chance to try a variety of cuisines and visit with old and new friends. Our Friendship Force Club has half of our membership living in West Bay and the other half in East Bay, so we alternate every month.

Many of our folks support each side of the Bay, choosing to travel to both sides to eat.

Join us for one of our great FF LEO's. Be sure to call the host or hostess to reserve your place at their table.

Hope to see you there. Call me if you need a ride from East or West Bay—I might be able to arrange a ride for you, but give me a 3 day notice.

If you're interested in being a host or hostess in 2018 let me know.

—RoseMarie Everett, FFSFBA Social Director



June Nielson-Cademartori, Carol Easter, Karen McCready, K.C. Sarr, and part of Dee Gustavson

UPCOMING LET'S EAT OUT'S

Tues. Aug. 29—West Bay—11:30 am
Hosts: Louise & Wil Heiduk—RSVP by Aug. 27—

Hangen Szechuan Restaurant—Entrees \$10. & up
134 Castro Street, Mountain View, CA 94041

Thurs. Sept. 14 East Bay—in Newark at 12 noon
Hosts: Judy Heyman 7 & Martha LeRoy
RSVP by Sept. 12.

Bombay Gardens corner of Cedar & Mowry in Newark
5995 Mowry Ave.,

Lunch buffet \$12, or order off menu; most entrees \$10–15.

Oct. 21—West Bay—in San Jose at 5 pm.

Hostess Karen Rice—RSVP by Oct. 19—

Birrieria Tepa,

Dinner: 5pm—The restaurant will do separate checks.

Take 680 south to Alum Rock exit. The restaurant is very close to this freeway exit. Go east towards the hills to the first stoplight at Muirfield Drive. Turn right into the strip mall. The restaurant is behind the “Fast Cash on Car Titles.” Hope to see you there!

Their speciality is “birra,” a spicy stew made with slowly simmered goat meat and chile peppers garnished with cilantro, lime and onions. It's a very tasty and hearty meal. If you want a lighter meal, I recommend goat tacos. They also serve a variety of Mexican cuisine dishes.

Thurs. Nov 2 East Bay—in Newark for lunch at 1 pm Hostess: June Harris VP by Oct. 31.

CoCurry Thai Cuisine, 6180-A Jarvis Ave.,

Entrees range from \$10–15.

Delicious and very popular local place.

They will issue just one check for every 4 people; it's best to bring cash. \$15–20 including tax and tip should cover your lunch.

AUGUST 29 LEO IN MT. VIEW

Join us for a Chinese luncheon on August 29 at 11:30 at Hangen restaurant (Szechuan), 134 Castro St., Mountain View, CA 94041,

large luncheon men

u and their dinner menu

is available all day. The menus are available on their web page. RSVP to Louise Heiduk at:

by August 25.

—Louise Heiduk, host

FFSFBA WELCOMES NAGASAKI AMBASSADORS!

Please circle November 6–13 on your calendar. We are honored to host the Friendship Force Members of Nagasaki, Japan. Please join us to make their visit one they will treasure. Seventeen Ambassadors (15 ladies and 2 men) will be arriving on November 6.

Come to the big Welcome Breakfast on November 7, followed by a special tree planting in honor of their visit at Emma Prusch Park in San Jose.

Remember, Wednesday is SF Day. Have you been to Autodesk in San Francisco yet? Enjoy their cool Gallery of uniquely designed objects by their famous clients. Take a picture with an Ambassador in the Pixel Photo Booth, see the gigantic Lego Dinosaur up close and personal. How did they make that dress and earrings with a 3-D printer? Check out the shiny sleek cars you can design with Autodesk. We'll also take a ferry ride to Sausalito for lunch. Did you know the Golden Gate Ferry to Sausalito was voted 2nd best in the whole wide world? We will have dinner in SF and ride a cable car too.

After two unscheduled days, find us on Saturday at Stanford soaking up the culture and art at the Anderson Collection, and visiting the Tesla showroom and Apple stores too. Then on Sunday, we've planned a Thanksgiving Farewell Dinner for our new friends from Nagasaki. They are going to be dancing for us!

The Nagasaki Club Ambassadors want to meet as many of our members as possible. So, come out and play with us!

- 1) PRINT the Meal Reservation form;
- 2) ATTACH your check
- 3) Mail it to Judy Pemberton at address on bottom of form.

—Elaina Habel

WHAT'S PLANNED FOR THE NAGASAKI AMBASSADORS?

Here are our activities during the Week of Nov 6–13, 2017
Nov. 6: Meet & Greet at San Francisco Airport. Also, Potluck Dinners will be scheduled this week.

Nov. 7: Welcome Breakfast at Omega Restaurant in Milpitas, 10 am–12 pm; followed by a tree dedication in honor of our Nagasaki Ambassadors at Prusch Park in San Jose. Afternoon available to explore.

Nov. 8: San Francisco Day. Arrive by BART or car, by 11 am & meet at Peet's Coffee in the Ferry Building, Bay side. Our plans are not confirmed until we know the Golden Gate Ferry Schedule for November. We will either board a ferry for a round trip voyage to Sausalito (yes, let's find a place for lunch in Sausalito) and then return to the Ferry building; OR we might go to the Autodesk Gallery at 1 Market Street, 2nd floor—across from the Hyatt Hotel at Embarcadero first, and do it in reverse. The Autodesk Gallery is a wonderful place to see where ideas became reality. See their clients' products, designed with Autodesk software, then walk to Fisherman's Wharf, and at 6 pm, meet for dinner at Pompeii's Grotto. Then

we walk in Ghiradelli Square...hmm chocolate! And take a starlit (or foggy) ride in a cable car over the hills past Union Square to Powell Street for our return home. A long, fun day! Bring a cozy jacket!

Nov. 9 & 10: Unscheduled Days...

Nov. 11: Join Karen McCready at 10:30 am, at the Oval on Palm Drive for a tour of Stanford & Palo Alto area. See historic campus buildings, Anderson Gallery/Cantor Museum, and have lunch on your own at Stanford shopping center. End the day checking out the cool Apple store and Tesla Showroom.

Nov. 12: Here's a free day to explore or relax, but remember, we meet up for the Farewell Dinner at Harry's Hofbrau in San Jose at 5 pm. Let's share an early Thanksgiving with our new friends from Nagasaki.

Nov. 13: Hosts will transport Ambassadors to San Francisco Airport for their flight back to Nagasaki

So, what days do you want to join us? What days might you be able to be a Day Host? Please sign up with Sara Rozzano. We know we can count on you!

Thanks, —Elaina and Sara, your Co-Coordiators!



Jennifer Lam and Dee Gustavson
getting free admission by wearing kimonos!

CALLING FOR POTLUCK HOSTS & HOSTESSES

Isn't it fun to have a new mix of people at your table for dinner? New ideas, new laughs, and new dishes to try.

We are looking for Members who "relish" having Potluck gatherings in their homes. We always need to keep our Potluck List updated, so please add your name.

In particular, we are looking for Members in the South Bay area, when the Nagasaki Club will be visiting in November. Would one of you please help us out by hosting a potluck dinner on Saturday, Nov 11, about 5 or 6 pm.?

Please contact Kathy Bray, who will update our list and answer your questions. Hopefully we'll get some South Bay Members too.

Contact: Kathy Bray,

Thank You & Bon Appetit!

—Elaina & Sarah, Co-Coordiators for Nagasaki Visit

MEAL RESERVATION FORM—NAGASAKI INBOUND JOURNEY EVENTS:

NAME _____ Phone Number _____

Meals and specified beverages include tax and tip. Drinks not specified are at your cost at time you order. For meals, please indicate below how many of each entrée and multiple it by cost.

WELCOME BREAKFAST

Tuesday, Nov 7, TIME: 10 am–12 noon, **OMEGA RESTAURANT**, 90 South Park Victoria, Milpitas

Full American style breakfast including: eggs, pancakes, sausage, bacon, hash browns, toast,
Coffee, Tea, & Orange Juice TOTAL

COST \$22 x QTY _____ = \$ _____

DINNER IN SAN FRANCISCO

Wednesday, Nov 8, Time: 6 pm Dinner at **POMPEII'S GROTTO**, 340 Jefferson St, San Francisco,
near Wharf between Jones and Leavenworth Streets.

Dinner includes: Fresh sourdough French bread, clam chowder, Pasta Angelina with chicken and seasonal vegetables. Coffee, tea, or soda.

COST: \$26 X QTY _____ = \$ _____

FAREWELL "THANKSGIVING DINNER"

Sunday, November 12, 5 p.m. Dinner at **HARRY'S HOFBRAU**, 360 Saratoga Avenue, San Jose
(between Kiely and Stevens Creek) Featuring entertainment by FF Club of Nagasaki.

Senior Dinner is Traditional Thanksgiving Dinner with trimmings and dessert, and non-alcoholic beverages:

COST: \$15 X QTY _____ = \$ _____

GRAND TOTAL: _____

Please make your check payable to: "FFSFBA" with "Nagasaki Exchange" in memo line. Send your check with this completed form to Judy Pemberton,
CA 94804 Questions: Call Judy **DEADLINE is Sept. 24, 2017**

Meals Resv 3aug17

ANOTHER ROUSING GOOD TIME AT THE ANNUAL BBQ

Of course, FFSFBA members know how to have a good time and to make it happen with their jubilant presence and their offerings of tasty food. I think at least 50 attended the Annual Barbecue at Carol Easter's home on July 15th; I was having too good a time to count! That included at least four guests. As always, veteran members drew up chairs to get acquainted with the guests and to share their Friendship Force experiences. The evening started with people dividing into their geographical groups—San Jose and south, Berkeley and north, etc.—and asking them to list activities that they could do within 10 miles of where they live. Designed to support day hosting during the unscheduled days of the November Nagasaki Inbound, it produced an impressive list of possibilities. The full list will appear in the booklet for the Nagasaki visit. This annual event is always the highlight of the summer for FFSFBA, and this was no exception. New friendships were forged and long time ones renewed. Many thanks to Carol, who hosts so well and makes it look so easy.

—Karen L. McCready, President

JUNE'S LEO

June Nielson-Cademartori was the lovely hostess for our LEO in June 28.

We had a delicious lunch at Frankie, Johnnie & Luigi's Italian Restaurant in Mountain View. 19 people came! Several of us had just returned from Japan, so shared some of our fun experiences from being in Sapporo just a week earlier.

—RoseMarie Everett,



June Harris, Judy Walter, Edith Miranda,
and Karen McCready



Scenes from a enormous Sapporo Anime and Manga store. There are books, videos, dolls, jewelry, costumes, etc.

HOLIDAY LUNCHEON BUFFET, SATURDAY, DECEMBER 9

Join us in celebrating with your Friendship Force friends on December 9 from 12–2:30 p.m. at Michaels at Shoreline, 2960 No. Shoreline Blvd., Mountain View, CA. See the reservation form on page 11 for details. Please invite your friends to this event to introduce them to our club. Following the meal, music will be provided by Mountain View High School's A Capella Choir.

—Dee Gustavson and Martha LeRoy, Luncheon Co-Chairs



More scenes from the Anime and Manga store.

Friendship Force Holiday Buffet Luncheon

Saturday, December 9, 2017 12-2:30 P.M.

Michaels at Shoreline, 2960 No. Shoreline Blvd., Mountain View, CA

12:00-12:45 P.M. Social Time and Program

1:00 P.M. Buffet Lunch will be served

1:45 P.M. Musical Entertainment

The buffet includes salads, entrees, seasonal vegetables, French Rolls, dessert, and drinks: Coffee, Decaf and Tea Service (Iced tea costs \$1 extra, per service).

The **total cost** for the buffet meal is **\$28**, which includes tax and tip.

Directions to Michaels at Shoreline

Exit 101 at Shoreline, northward (approximately at junction of 85 and 101). Follow Shoreline toward bay. Michaels is on your left just past the golf links parking, nearly at the end of Shoreline.

To make reservations, send the bottom half of this form and your check to :

Martha LeRoy
426 D Street
Fremont, CA 94536

Make out your check to FFSFBA for **\$28 per person**, and include it with this form.

Number in your party: _____ Total Amount of your check: \$ _____ (\$28 per person)

Names of Attendees:

1. _____

2. _____

3. _____

4. _____

**WANTED:
NEW NEWSLETTER EDITOR FOR 2018**

Dave and Dee Gustavson are retiring from being co-editors, after 15+ years of service. (Dave is the newly elected president of the Community Committee for International Students at Stanford's International Center, with over 300 American volunteers plus many more internationals, so he's extra busy. Dee can't publish it alone, because she's not a layout software person, and because she may be very busy with FF next year.)

The newsletter is published four or five times a year. This position can be shared, if you wish. For example, it has really worked well to have a "content" editor and a layout/printing person, especially if both can proofread and check each other. Contact us by phone or email:

and we'll be happy to discuss details and train you.

—*Dave and Dee Gustavson*, Newsletter Co-Editors



Capitol of California

AMTRAK TO SACRAMENTO!

How about a day trip to Sacramento by train? One's being planned for Saturday, October 14. We'll travel by Amtrak and take a leisurely, comfortable train trip from Fremont to Sacramento. We will leave at 8:40 am and return about 8 pm. There's plenty of free parking in either of Amtrak's two lots at the depot. There will be ample time to see the State Capitol & Old Sac or just wonder around by yourself at your leisure.

You can enjoy breakfast on the train with your friends, enjoy the scenery, read, play cards, or join in on some games before arriving in Sacramento at 11:18 AM. We'll take the light rail to the Capitol about 6–8 blocks away for a tour at 12 o'clock. About 2:00 pm we'll take light rail to have a late lunch in Old Sacramento about 2:30–3:30. We'll visit the California State Train Museum at 3:30–5 pm, then head back to the train depot for a 5:40 pm departure for home.

Some details still need to be tweaked, but the cost will be approximately \$70. That includes round-trip train ride on Amtrak, light rail, lunch in Old Sac, & the California State Train Museum. If you want to plan your own day in Sacramento, the round-trip ride on Amtrak would be about \$30.

Let me know if you're interested: call me at
and leave a message or email me at

September 15. —*RoseMarie Everett*, Activities Coordinator





Roster of the Friendship Force of the San Francisco Bay Area for 2017-2018

August 15, 2017

Maureen & Hank

RoseMarie

Ron & Gloria
Dave & Dee

Carol & Jeff

Wil & Louise

Information on this roster SHALL NOT be used for business, commercial, or other organizations' purposes.

Roster of the Friendship Force of the San Francisco Bay Area for 2017-2018

August 15, 2017

Mary & Cal

Mary Lynn

Ron & Joy

David & Karen

Sara & Kevin
Saaku & K.C.

Jennifer & Krishna

Information on this roster SHALL NOT be used for business, commercial, or other organizations' purposes.



BYLAWS OF THE FRIENDSHIP FORCE OF THE SAN FRANCISCO BAY AREA

Proposed revisions: Note the crossed out words and ***new wording in bold italics***.

ARTICLE I NAME

The name of the organization shall be The Friendship Force of the San Francisco Bay Area (hereafter referred to as FFSFBA). This name has been licensed by the Friendship Force, Inc. (hereafter referred to as FFI).

ARTICLE II TYPE OF ORGANIZATION

FFSFBA is a nonprofit organization and no part of the proper net income of FFSFBA shall ever be used for benefiting any private individual or other organization. All funds raised by FFSFBA shall be used solely for advancing the purpose of FFSFBA.

ARTICLE III PURPOSE

The purpose of the FFSFBA is to promote friendship between citizens of the San Francisco Bay Area and ~~citizens~~ ***people*** of foreign nations ***and of other United States clubs*** primarily by means of ~~exchange visits~~ ***home stays***. Subordinate objectives of the organization supportive of the goal are to:

- A. provide continuity of Friendship Force activities and volunteer involvement;
- B. recruit new members and maintain an active membership file and database ~~to use in forming Exchange Committees;~~
- C. disseminate pertinent information to its members and to other interested persons in the community;
- D. ~~provide an orderly means for assembling and retaining pertinent records to use in organizing an Exchange;~~
- E. ***(D.)*** provide an instrument ***mechanisms*** for fund raising; and
- F. ***(E.)*** develop informed leadership.

ARTICLE IV MEMBERS

Section 1. Qualification

Any individual sixteen years of age or older, willing to abide by these bylaws and standing rules, may become a member of FFSFBA by filling out an application form and paying the annual dues.

Section 2. Dues

The dues for the coming year as set by the Board of Directors are payable by January 1. All such new dues shall pass unencumbered into the new calendar year except for possible advances on programs to be undertaken in that new calendar year for which the dues were paid. Members who have not paid dues by January 31 shall be dropped from the membership rolls.

Section 3. Standing

A member in good standing is one who has paid his/her annual dues and is thereby entitled to make motions, to vote in general meetings and to hold office if selected.

ARTICLE V MEMBERSHIP MEETINGS

Section 1. Regular

Regular meetings of FFSFBA shall be held at least quarterly, as scheduled by the Board of Directors, unless otherwise ordered by the Executive Committee.

- Section 2. Annual
The annual meeting shall be held in September ~~prior to the FFI International Conference~~. At the annual meeting, all current officers shall report on the activities of their respective offices during the year and election of new officers shall be held.
- Section 3. Special
A special meeting of the FFSFBA may be called by the President, any three elected officers, or any fifteen members, with at least one week's notice to all members. Only business mentioned in the call to the meeting may be conducted.
- Section 4. Quorum
A quorum for all business meetings of the membership shall be 15% of the total members in good standing.
- ARTICLE VI OFFICERS—GENERAL
- Section 1. Types
Three types of officers manage the affairs of FFSFBA. The elective officers, ex officio (such as the parliamentarian) and appointive officers.
- Section 2. Additions
Additional officers may be selected as needed by the Board of Directors and the President.
- Section 3. Reports
All officers shall maintain records of their official activities and report these in summary form to the Board of Directors as requested and to the general membership at the annual meeting.
- Section 4. Property
Any property pertaining to an office must be given to the relevant incoming officer on or before December 31.
- ARTICLE VII ELECTIVE OFFICERS
- Section 1. Specified
The elective officers of FFSFBA shall be a President, a Vice President, a Secretary and a Treasurer.
- Section 2. Nomination
A nominating committee of three members in good standing—excluding elective officers—shall be selected by the Board of Directors to propose, at the annual meeting, a slate of candidates for all elective offices. This slate shall appear in the newsletter prior to the annual meeting.
- Section 3. Election
The election of officers shall take place at the annual meeting. Nominations may also be made from the floor, provided the consent of the nominee has been secured. A quorum being present, a simple majority shall elect the officers. If there is only one nominee for an office, voting for that office may be by voice vote; otherwise, voting must be by ballot. In the event of a tie, another ballot shall be taken immediately.
- Section 4. Term
The term of office shall be for one year beginning January 1. An elected officer may succeed him/herself in that office not more than one time. ***The Board of Directors may approve an extension of an officer's term.***
- Section 5. Vacancy
If a vacancy occurs in an elective office, the unexpired term shall be filled by a member of

FFSFBA in good standing. This FFSFBA member shall be selected by the Board of Directors

Section 6. (NEW) Removal of an Elective Officer

At the discretion of the Board of Directors, an elective officer may be removed.

ARTICLE VIII DUTIES OF ELECTIVE OFFICERS

Section 1. The President

- A. presides at all meetings;
- B. is the liaison with FFI and with other organizations;
- C. is the official spokesperson for FFSFBA;
- D. signs checks if other approved signers are not available;
- E. appoints all ~~Exchange Directors~~ **Journey Coordinators**, the Chairpersons of all standing committees and other appointive officers with the approval of the Board of Directors;
- F. **[New item] ensures that FFSFBA's Bylaws and Standing Rules are distributed to every member who has not received them;**
- G. is an ex-officio member of all committees except the nominating committee; and
- H. exercises all powers and performs all duties incident to such an office.

Section 2. The Vice President

- A. performs all duties and assumes all responsibilities of the President in the absence of the latter;
- B. performs such other duties as the Board of Directors may authorize.

Section 3. The Secretary

- A. records minutes of each meeting ~~in a bound book kept solely for that purpose;~~
- B. sends a copy of the minutes to the president within a week after the meeting;
- C. is responsible for keeping the non-financial records of FFSFBA; **(.) This shall include updating FFSFBA's Standing Rules and Bylaws whenever the board authorizes adding or revising any policies;**
- D. is responsible for the correspondence of FFSFBA as directed by the president; **e.g., issuing thank you notes;**
- E. ~~is responsible for issuing all office notices;~~
- F. maintains the inventory of property of FFSFBA not pertaining to the functioning of a particular office; and
- G. serves as historian and writes a ~~single spaced, one page~~ yearly review of FFSFBA activities, which shall be presented at the annual meeting, with a copy to FFI.

Section 4. The Treasurer

- A. collects all monies due FFSFBA;
- B. deposits FFSFBA funds in a bank approved by the Board of Directors;
- C. keeps the books of accounts of FFSFBA in a manner consistent with acceptable accounting principles;
- D. prepares a report to be given at each meeting, with a copy to the Secretary;
- E. readies the books at the close of the year for a timely audit;
- F. pays all bills promptly; ~~and~~
- G. signs all checks for the main FFSFBA accounts (unless otherwise authoritatively signed);
- H. **facilitates payments to FFI; and**
- I. **presents a budget for the Board of Directors' approval.**

Section 5. Group Executive Duty

As a group the elected officers serve as the Executive Committee of the Board of Directors.

Section 6. Bylaws Review

Between their election and their assuming office, all newly elected officers shall sit as a special committee to review the bylaws. Any changes they recommend shall be presented to the new Board of Directors for their disposition early in the coming year.

ARTICLE IX APPOINTIVE OFFICERS

Section 1. Types

Appointive officers consist of the ~~Exchange Directors~~ **Journey Coordinators** and the Chairperson of other committees of FFSFBA members which have been or may be established at the Board of Directors' discretion. These committees include continuing ("standing") committees and temporary ("special" or "ad hoc") committees which are automatically dismissed after their final report.

Section 2. Selection

All appointive officers are selected by the President with approval of the Board of Directors.

Section 3. Responsibilities

Except in the case of the Nominating Committee, the Committee Chairpersons are responsible for notifying the President of all committee meetings, for appointing ~~at least three other~~ members to their respective committees, and for providing a list of committee members to the President.

Section 4. Dispersion

Selection of Chairpersons and of committee members should be made with an effort to involve membership from all regions of FFSFBA.

~~Section 5. Term~~

~~The term of office of standing Committee Chairperson shall be concurrent with the term of office for elective officers of FFSFBA.~~

ARTICLE X BOARD OF DIRECTORS

Section 1. Structure

The Board of Directors shall consist of the elective officers and selected, appointive, and ex-officio officer, including, but not necessarily limited to, the immediate Past President (who shall serve as Parliamentarian), the standing committee Chairpersons, and the current-year ~~Exchange Directors~~ **Journey Coordinators**. All Board members must be FFSFBA members in good standing in order to serve. Every member of the Board is a voting member.

Section 2. Duties

- A. determine, consistent with these bylaws, FFSFBA policy by direct resolution and by considering for formal ratification all actions of the Executive Committee of the Board;
- B. determine the appointive officers by formally acting on the recommended selections of the President;
- C. decide the bank(s) in which funds of FFSFBA are deposited;
- D. ~~prepare~~ **approve** the budget for the year;
- E. set the membership dues;
- F. select a Nominating Committee and various Board committees, other than the Executive Committee, including an audit committee of three board members, excluding financial officers (such as the Treasurer), to arrange for a timely audit of the financial records;

G. fill any vacancy in an elective office [See Article VII, Section 5.];

H. provide guidance to officers; and

I. take any action incident to the management of FFSFBA.

Section 3. Meetings

A Board of Directors meeting shall be held at least quarterly, as called by the President or any three members of the Board of Directors, with at least two weeks' notice to all Board Members.

Section 4. Quorum

A quorum shall be a simple majority of the Board of Directors.

Section 5. Executive Committee

The Executive Committee of the Board of Directors (the elected officers) shall act in emergencies when a full Board meeting cannot be convened in time. All actions taken by the Executive Committee of the Board are subject to ratification at the next regular Board meeting.

ARTICLE XI PARLIAMENTARY AUTHORITY

The rules contained in the current edition of *Robert's Rules of Order Newly Revised* (RONR) shall govern FFSFBA in all cases to which they are applicable, consistent with these Bylaws and any standing rules FFSFBA may adopt.

ARTICLE XII AMENDMENT

These bylaws may be amended at any regular meeting of the FFSFBA by discussion and a two-thirds majority vote of members in good standing, present and voting, provided that previous notice of the proposed amendment(s) is given in the call to that meeting, usually by publication in the preceding newsletter sent to all members.

ARTICLE XIII DISSOLUTION

In the event of the dissolution of this club to the extent allowed under applicable law, all of the assets of the club shall be distributed to The Friendship Force, Inc., a nonprofit corporation, provided that corporation is then in existence and as such is a tax-exempt organization; or, if not, then the assets of the club shall be sold and the proceeds distributed to another organization, organized and operated exclusively for charitable, scientific, literary or education purposes, which shall be selected by the Board of Directors of this club. In the event that, for any reason, the Board of Directors shall fail to act in the manner stated herein within a reasonable time after the dissolution of this club, the senior judge of San Mateo County, State of California, shall make such distribution herein provided upon application of one or more persons having a real interest.

REVISED 8/20/2003

EDITED AND RETYPED 12/26/2007

REVISIONS PROPOSED FOR MEMBERS' APPROVAL 9/17/17

2017 FFSFBA COMMITTEES

EXECUTIVE COMMITTEE

President@ffsfba.org: Karen McCready

VP@ffsfba.org: K.C. Sarr

Secretary@ffsfba.org: Barbara Ross

Treasurer@ffsfba.org: Judy Smith

STANDING COMMITTEES

ActivitiesCoordinator@ffsfba.org: Rose Marie Everett

Membership@ffsfba.org: Carol Easter

Newsletter@ffsfba.org: Dave & Dee Gustavson

Publicity@ffsfba.org: Karen McCready

Webmaster@ffsfba.org: Dan Eggerding

JOURNEY COORDINATORS

Oklahoma City/Denver, OutboundOD@ffsfba.org
Rose Marie Everett,

Nairobi, Kenya, OutboundNK@ffsfba.org

K.C. Sarr,

Nagasaki, Japan, InboundNJ@ffsfba.org
Elaina Habel,

Sara Rozzano,

SUPPORT COMMITTEES

ExchangeBanker@ffsfba.org: Judy Smith

Merchandise@ffsfba.org: Carol Easter

Sunshine: Darlene Boyanich

MemberRecruitment@ffsfba.org: open

MemberWelcome@ffsfba.org: open

Forester@ffsfba.org: Karen McCready

2017 CALENDAR

August 24–28

FF World Conference, Manchester, England

August 29

Let's Eat Out: 11:30am Hangen Szechuan Restaurant, 134 Castro St., Mountain View. Louise Heiduk, hostess

September 14

Let's Eat Out: 12 noon, Bombay Gardens, 5995 Mowry Ave., Fremont

September 17

Annual Meeting, 2–4pm, Hillview Library, 1600 Hopkins Dr., San Jose, CA 95122

**September 24–
October 7**

Outbound Exchange to Oklahoma City & Denver

October 14

Train Ride to Sacramento

October 21

Let's Eat Out: 5pm Birrieria Tapa, 2610 Alum Rock, San Jose 95116

October 22

FF Board Meeting, 1–3pm at Dave and Dee Gustavsons' home, Los Altos

November 2

Let's Eat Out: 1pm, CoCurry Thai Cuisine, 6180-A Jarvis Ave, Newark

**November
6–13**

Inbound Exchange from Nagasaki, Japan

November

No FF Board Meeting this month

December 9

Holiday Luncheon, 12–2:30pm at Michael's at Shoreline, 2690 N. Shoreline Blvd, Mountain View

FFSFBA website: <http://ffsfba.org>

Friendship Force International

400 W. Peachtree Street, N.W., Suite #4-980
Atlanta, Georgia 30308

Tel: 1-404-522-9490, 1-800-554-6715 Fax: 1-404-688-6148

Website: <http://friendshipforce.org>

friendship force
SAN FRANCISCO BAY AREA



THE FRIENDSHIP FORCE
Experience Different Views. Discover Common Ground.
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