Vol. 31 No. 4

SAN FRANCISCO BAY AREA NEWSLETTER

August/September 2014

MARTHA'S MUSINGS

 ${f P}$ arlez-vous français? Dust off your high school French text, for it's nearly time for our French ambassadors to arrive.

Our innovative inbound exchange committee, chaired by Karen Rice, has planned a unique and wonderful week, packed with fun for a real red, white and blue September. Not only do we share common national colors, but much of our history and culture, beginning with our shared creations forged by revolution. I am hoping that most of you will have a chance to experience these wonderful people who showed us such a great time on their home turf 4 years ago. Don't miss the chance to attend the farewell party at Prusch Park, We will be sharing American barbecue and honoring the ambassadors with our special version of the can-can. Our special attraction and star is our own Nancy Menz, appearing with the Golden Follies.

I would like to thank the nominating committee for offering up a slate of officers for vote at our September annual meeting. Natalie Heling, June Harris and Vickie Lau canvassed every member of our club prior to selecting the current slate. They deserve a big round of applause. Thank you so much, wonderful ladies!

The election of officers happens to coincide with the farewell bash for the French. All of the previous slate has agreed to continue, with the exception of Pat Macholl. She has chosen to step down, due to a conflict with some of her other interests. We thank her for all of her hard work and dedication. The nominating committee has invited Jim Thomas, a new member, to be treasurer. I have known Jim for many years and have always found him to be such a congenial person. Most importantly, he is also precise and thoughtful and has experience in office management. He will work well with our new exchange banker, Judy Smith, who was recently appointed to the board. Judy has extensive experience in real estate, property and office management, and will be a perfect fit for the position.

I hope to see many of you at The Basque Cultural Center for our Basque meal and cultural immersion. I was fortunate to have had the experience previously and was so favorably impressed. What a fitting introduction to our Basque ambassadors.

So many exciting things are coming up. Barry Rader, our newly appointed domestic exchange director, is planning two exciting weeks in Huntsville, Alabama and Houston, Texas.

Continued on page 2, column 1 top

FF SINGS

The Entertainment Committee invites you to join us to practice songs for the Biarritz Welcome and Farewell Parties. We will meet in early September. Email Karen Rice at to get the date and location of the next rehearsal

THE FRENCH ARE COMING

Please note a Special Meeting for home hosts and day hosts, on Thursday, August 14th, at 11 am at Edith Sommers' home, 3492 Janice Way, Palo Alto.

In one month, 25 ambassadors from Biarritz, France will arrive in our Bay Area. We hope to greet them with a large turnout of our members.

Here are some ways you can participate:

Cultural orientation and luncheon on Saturday, August 16 at the Basque Cultural Center, 599 Railroad Ave., South San Francisco. Although the deadline for reservations is past, you can call Donna Wilson to see if there is space available,

Day hosts are still needed for Thursday, September 18, Friday, September 19 and Saturday, September 20. Please e-mail Louise Heiduk to see how you can help.

The entertainment committee is looking for enthusiastic people to join us singing old favorites for the Welcome and Farewell Parties on Tuesday, September 16 and Sunday, September 21. Please e-mail Karen Rice

to find out when and where our next rehearsal will take place.

I would like to encourage all of you to join us Sunday, September 21 for the Farewell Party BBQ at Prusch Park. This is also the club meeting to elect new officers for 2015 and to vote on our outbound choices for exchanges in 2016. See the separate flyer on page 7 to make your reservation for this event.

Continued with the Schedule, on page 2, column 1 middle

President's Column, continued from page 1, column 1

Wait till you see what they have planned for us. The best part is that these are not long flights. Hooray! Barry will be presenting details about the exchange, and there should be space for many of you to participate.

Linda Jasany is busy with her committee planning our week with the Germans from Nuremberg, who entertained us so lavishly last year. The Bavarian club will arrive in the spring of 2015, the Brazilian club comes in later in the fall, and THEN we finally prepare for our exchange with Ciudad de las Flores in Costa Rica. Indeed, it sounds like a very exciting year ahead.

None of these wonderful things would be happening without the participation and hard work of our wonderful membership. Thanks to all of you for making this such an exciting and vital club.

—Martha LeRoy, President

Continued from page 1, column 2

Here is the complete schedule of activities for the week:

Schedule for incoming exchange FF Biarritz, France September 15–22, 2014

	5cptciliber 13-22, 2014
Date	Activities
Mon. 9/15	
9:00 pm	Home hosts meet ambassadors at San Jose Airport.
	Take them home for a light meal, get acquainted and
	settle in.
Tues. 9/16	
10-noon	Welcome Brunch at Cloughs' in Atherton.
1-2 pm	Wine tasting at Savannah-Chanelle in Saratoga.
3-5 pm	Hike the redwoods at Henry Cowell State Park in
_	Felton. Dinner with hosts, or ambassadors treat hosts.
Wed. 9/17	
9 am	Arrival in SF. Take bus to Golden Gate Park.
9:50-10:30	Visit Japanese Tea Garden.
10:30-noon	De Young Museum & observation tower. Sack
	lunch prepared by hosts for picnic outside De Young
	Museum.
1-5 pm	San Francisco bus tour with French speaking guide.
5:30 pm	Mexican dinner at Greenwalds' in San Francisco.
Thur. 9/18	
9 am	Arrival at Powell Station SF. RoseMarie as guide.
10 am	Powell & Hyde Cable Car ride.
II am	SF Maritime Museum and Visitor Center and tall ship
	Balclutha.
12:30	Sack lunch prepared by hosts for picnic at Fisherman's
	Wharf.
1-2 pm	Red & White Golden Gate Bay Cruise at
	Pier 41 ½.
3-4 pm	Visit to Coit Tower. Dinner with hosts, or ambassadors
_	treat hosts.
Fri. 9/19	Free day, activities arranged with hosts.

9:30-11 am Stanford University tour with Dave Rice.

Cantor Museum and Rodin Sculpture Garden with II-noon Edith Sommer. Sack lunch prepared by hosts for picnic at Rodin Noon Gardens. Computer History Museum (group tour 1-2 pm). 12:30-2 Free time for optional hike at Shoreline Natural 2-6 pm Preserve or shopping at Stanford shopping center, or other activity with hosts. Potluck dinners at members' homes. 6pm Sun. 9/21 Free morning. Tree dedication at Friendship Forest, Prusch Park in 1-2 pm San Jose. Farewell party with BBQ. 2-3 pm Golden Follies entertainment. 3-4 pm Dinner at home with hosts.

Mon. 9/22 Early morning departure for Yosemite and southern California. —*Karen Rice, ED*

FFSFBA AND SERVAS POTLUCK: TWO APPROACHES TO TRAVELING FOR PEACE AND FRIENDSHIP

on Sunday, July 20, more than 20 FFSFBA members and an equal number of Servas Bay Area members met in Palo Alto for a joint potluck. Edith Sommer, member of both groups, arranged for the rental of the Eichler Swim and Tennis Club in her neighborhood. There we exchanged information about our respective clubs during a lively social session and then introduced ourselves with short vignettes on our latest travels. Servas, founded in 1946 to promote world peace, offers an independent means of travel to stay in members' homes in 100 countries, usually for two nights. Some of their members are interested in our group travel programs now that they are less able to travel alone. The exchanging of stories proved again how much our two groups have in common. That is, we travel to meet the "real" people, to experience the country beyond the postcard-image tourist highlights. —Karen L. McCready

"HOW GOLD AND SILVER BUILT THE WEST" EXCHANGE, JUNE 10-15, 2014

Congratulations San Francisco Bay Area Friendship Force for our first Global Themed Exchange, June 10-15, 2014. Twenty great Ambassadors joined us from 6 countries, representing five continents (Australia, Asia, Europe, South America and North America). The overall ED was Marty McKnew from Sacramento, CA. Marty traveled with the group to all four destinations: San Francisco Bay Area, Napa-Sonoma, Sacramento and Reno-Tahoe. The entire exchange was from June 10–28, 2014.

Don Pelland and I, RoseMarie Everett, were Co-ED's for this exchange. The Theme for the exchange was "How Gold and Silver Built the West." We focused our events on history from 1840–1890 in Northern California. San Francisco played a key role, not in the discovery of Gold, but supplying the minors with gold-mining equipment and other supplies. The

Sat. 9/20

East Bay area was significant in becoming the breadbasket of San Francisco and other surrounding areas.

George Patterson played a key role in the developing of his 6,000 acres of farmland, both in the area we now call Fremont, and also in Livermore Valley. Our exchange spent a delightful and relaxing day at the Ardenwood Farms. We toured the beautiful Patterson House and enjoyed the East Bay Regional Park naturalists, Mindy and Andrew, who described Victorian farming, the crops, machinery used, and the farm animals during this time period.

We spent three days in San Francisco. Our first day, June 11, Randy Bradner gave us a detailed picture of San Francisco in the early 1840's. He explained how the City exploded in population after the discovery of Gold in 1848. Gold Miners came from near and far to strike it rich in the hills of the Sierra Mountains. There was a lot of hardship, because the majority of the men were not used to the elements or working outside. Most prospective gold seekers failed. There was little law and many miners were killed, robbed, or were sickened. Those that made out the best were merchants, salon keepers, barmaids and shopkeepers.

After Randy's informative talk, we traveled by historic street cars to Fisherman's Wharf to see the National Maritime Park Visitors Center, which emphasized the story of SF shipping from the Gold Rush era up to the current time. The museum shows a map where over 500 ships were abandoned and sunk between Telegraph Hill and what is now known as the Ferry Building. We visited various historic ships, including the tall sailing ship Balclutha.

After lunch, we took a beautiful Bay Cruise on the Red'n White fleet under both bridges, with narration in various languages. The Ambassadors voted that the Bay Cruise was one of their favorite events.

Seven Ambassadors and their day hosts braved the chilly 45 minute wait to take a ride on the Powell 'n Hyde Cable Car from Hyde Street Pier to end of the line at Powell 'n Market. They even sat outside, enjoying the famous sights of SF as the cable car wound through the City.

Subsequent days were just as filled with activities. One of the highlights was visiting the Wells Fargo Museum on Montgomery St. They learned that stagecoaches were popular from 1860 to 1869. Hundreds were on the trail traveling from Omaha, Nebraska to the west coast, which took three weeks. Each stagecoach was on the move 21 hours a day and carried as many as 18 people, including passengers, driver and gunman. The cost was \$300 per passenger. Many were willing to pay the high cost to get out west faster—a boat passage cost \$100, but would take 3 months.

Our adventure ended with a tearful farewell at the San Francisco Airport on Sunday, June 15. We waited with our Ambassadors until they departed on the Sonoma Airporter bus to their next destination.

Claire Arcand, an Ambassador from Canada, made a great slideshow of the San Francisco Bay Area segment, which you can view at http://tinyurl.com/FFSFshow

Don and I would like to thank everyone who worked to help make this a successful exchange. —*RoseMarie Everett*



Formal entrance to the Palace Hotel. It was built around 1885. Our meeting place before Gold Rush tour, Saturday, June 14, 2014



Gold Rush ambassadors and FFSFBA members at the Wells Fargo Museum



Behind us is the Palace Hotel, where we met on 6/14.

August/September 2014



SOUTHERN HOSPITALITY, CIVIL RIGHTS AND THE SPACE PROGRAM IN MAY, 2015

FSFBA is heading for Huntsville, Alabama and Houston, Texas during the first two weeks in May, 2015. Barry Rader, ED for the exchange, has put together an amazing opportunity to be home hosted in two southern cities with rich historic and space involved backgrounds. The exchange will commence on April 30 with flights to Huntsville and conclude, after two fantastic weeks, on May 14. Highlights will be visits to space centers in both cities, historic tours of the cities, tour of Galveston, Civil Rights Museum, San Jacinto Monument (Texas Independence), pre-Civil War homes, picnics, historic restaurants and lots of wonderful face time.

This exchange is especially looking for members who have not traveled with FFSFBA before.

The cost of the program is \$465 plus air fare. This includes all fees to both clubs, FFI, FFSFBA and ED costs. If you are interested, contact Barry Rader

-Barry Rader, ED

FF BAVARIA 2015

 $\Gamma^{ ext{FSFBA}}$ will be hosting an inbound exchange from FF Bavaria in 2015.

In July 2013, we did an outbound to beautiful Franconia in the north of Bavaria. We had unforgettable experiences of the German way of life in our hosts' homes. We had a guided tour of Nuremberg and met the Burgermeister, took a train ride to Regensburg, visited the Lauf Industrial Museum, and eperienced many more fun activities.

We are in the planning stage for activities, budget, and committees, and can always use more help. Our next planning meeting will be Saturday August 30, 2014, from 1:00–3:00 pm, at my house, 4032 Norris Rd., Fremont. Please let me know if you can join us!

—Linda Jasany, ED Bavaria 2015

NOMINATING COMMITTEE REPORT

The nominating committee is offering a slate of officers for 2015 after an extensive and thoughtful search.

President: Martha LeRoy Vice-President: Nancy Menz Secretary: Julice Winter Treasurer: Jim Thomas

Thanks to Natalie Heling, June Harris, and Vickie Lau for serving on the nominating committee.

Election of club officers for next year will occur at the club's annual meeting on Sunday, September 21st, at Prusch Park. At that meeting, the nominees selected by the nominating committee will be introduced. Nominations can also be made "from the floor;" any individual member at the meeting may nominate someone for an officer position, as long as the nominee has agreed to be nominated.



FLEA MARKET FUNDRAISER AT CHABOT COLLEGE 25555 HESPERIAN BLVD, HAYWARD, CA 94545 SATURDAY, OCTOBER 18

All of those improvements down at our Friendship Forest in San Jose are taking their toll on our budget. We expect to need about \$500 to replace two trees that died and to plant new ones for next year's visitors from Germany and Brazil. You can help by sorting out all those storage places and passing on salable items to our cause. We won't turn down cash donations either!

If you have many items to donate, please drop them off at the college by 6:30 am on October 18th.

Contact Karen McCready if you have something to donate and we'll arrange to pick them up. We will need help to set up and run the informational table, too.
Thanks!



Meeting with Billy Lee, Professor Qiu, Mme. Feng Cui, Edith Sommer, and Karen McCready

NEW FRIENDS FROM CHINA

It was an inevitable meeting—members of Servas and Friendship Force having lunch with members of US-China Peoples Friendship Association. I heard about UCPFA at a program of Bay Area writers in Fremont several months ago and became acquainted with William M.S. "Billy" Lee, one of the founders of the South Bay Chapter, through emails. Billy, a retired architect living in Portola Valley, came to the U. S. when he was 15 to attend Phillips Andover Academy.

The home hospitality and the general friendliness he experienced then had a profound effect on Billy, which led to his intense promotion of home stays today. He is determined to find ways to promote more home hospitality in China, to get beyond the governmental restrictions and the people's reserve. In July, he found an opportunity for a meeting with Mme. Feng Cui, a former Chinese U. N. representative. He arranged for Mme. Feng Cui and her retired husband, Professor Qiu, to meet with me, as a representative of our club, and with someone active in Servas.

Edith Sommer, also a member of our club, has been active in Servas for more than 40 years, so was the obvious Servas expert for me to invite. Edith and I described the goals that our respective clubs have in common, while approaching the causes of peace and friendship in quite different ways. After the pleasant exchange of ideas, we parted with the hope that we can continue these discussions during their next visit to the U. S. from Beijing, and perhaps even provide a program for Friendship Force.

—Karen L. McCready

IN MEMORIAM

HARRIET ANDERSON

We are sad to report that Harriet Anderson passed away Friday, August 8. She and her husband George were Charter Members of our FFSFBA Club, and attended the very first meeting. Harriet and George went on the very first outgoing exchange, to New Plymouth, New Zealand. She and George have been active members for over thirty years. Condolences may be sent to George and family at their home:

A memorial service is being planned for a future date.

THE FRIENDSHIP FOREST HAS LOST A FRIEND

ary Alice van Doorn, a past president of FFSFBA, was the Friendship Forest historian and a prime supporter of the Forest from its start in 1995. She kept careful records of all the new trees and participants at the dedication ceremonies for many years. She helped to secure the memorial benches and other amenities surrounding the Forest and also arranged work parties to groom the area. Mary Alice passed away last week in Fremont. She would have been 89 this month.

A memorial service will be held for Mary Alice on Wednesday August 20th, 2pm at Niles Discovery Church, 255 H Street, (corner of H and 3rd St.) in Fremont.

Rest in peace, dear Forest friend. —Karen McCready

PERRY WILLIAMS

Perry Williams, of Sunnyvale, passed away on June 13, 2014 at the age of 100. Perry and his late wife, Lois, were members of our club for several years. Perry lived a very full life, and remained active until the end. He traveled to over 64 countries and was very proud of the fact that he walked two sections of The Great Wall of China at the age of 92.

THE FF SONG

Here are the revised lyrics that we should use for our closing song:

Let there be peace on earth, And let it begin with me.
Let there be peace on earth, The peace that was meant to be.
With friendship as our mission, Family all are we.
Let us walk with each other, In perfect harmony.
Let peace begin with me. Let this be the moment now.
With every step I take, Let this be my solemn vow:
To take each moment, And live each moment, In peace eternally.
Let there be peace on earth, And let it begin with me.

—Karen McCready

WHICH IS YOUR FAVORITE "ELEVATOR SPEECH"?

t the May 3rd event, "FFSFBA Welcomes New Members Ato the Celebration of Our 30th Anniversary," five focus groups composed a so-called "elevator speech." This is the catch phrase for an explanation that you can deliver in a short time, such as in line at the market, bank, theater, or, yes, in an elevator. This assignment was intended especially for the several new members there, who received a brief synopsis of Friendship Force International's and our club's goals and programs. Guided by veteran members at each table, they worked to condense their new knowledge into an explanation for themselves and others. Hint: this question is most likely to arise if someone sees you wearing your FFSFBA name badge with the colorful, unique Friendship Force International logo and the name that is not quite yet a household word, in spite of its 37-year history. The criteria prescribed were to express Friendship Force's goals and to explain what former FFI President George Brown meant when he said that FFI was not only a travel club, but the BEST travel club.

This was not intended to be a contest; however, you may decide, as you read through these five, that one of them best expresses the essence of Friendship Force, at least from your perspective. That was the point: to come up with a few sentences that answer that inevitable question, "What is Friendship Force?" Here they are, word-for-word as presented, in no particular order.

"We are a club that promotes friendship beyond borders. We do this through home stay experiences at home and abroad. During these experiences we break down stereotypes and form true friendships. We see other places through our hosts' eyes, and we see how our country looks through their eyes. FF gives us the opportunity to form friendships with other club members as well."

"Friendship Force is . . .

- 1. The grown up version of a student exchange program.
- 2. 360 clubs all over the world; 50+ countries
- 3. Taking turns hosting and exchanging cultures
- 4. When you stay in someone's house, you become friends."

"A group of people traveling to other places Meet citizens of other countries Bridge languages and culture gaps Meeting new friends on their home ground Perspective beyond politics Intimate connections Welcoming new friends here" "Travel club sharing each others' lives in private homes Building friendships

Studying language, culture, and government before the visit Traveling with a group of friends

Willing to accept living situations that differ from own

Hosts and ambassadors speaking different languages, learning to communicate

Becoming like family in one week—often crying at parting"

"Friendship Force is a travel organization designed to foster global, intercultural understanding and lifelong friendships, experience life, eating, and exchange of ideas."

The challenge: to compose your own elevator speech and to practice it frequently in public! —Karen L. McCready

TALES FROM THE FOREST AUGUST 2014 UPDATE: WATER EVERYWHERE!

The long awaited extension of the underground irrigation system at Friendship Forest in San Jose's Emma Prusch Farm Park should be finished, programmed, and running by the time you read this! Thanks to the efforts of Alex Pearson, Park Supervisor, and his staff, and funding from the City of San Jose, a contractor laid irrigation lines for all the remaining trees without bubblers and for more trees that will be planted in the next two years. We expect to reach the capacity for our allotted space by 2016. Along with our loyal Foresters, Karen and David Rice, I will continue to check on the health of the trees and the grooming of the area for the foreseeable future. We must never become complacent about the care of our Friendship Forest.

—Karen McCready



Gold Rush exchange: Back row, left to right: Natalie Cheng, RoseMarie Everett, both of Fremont; Front row, left to right: Claire Arcand, Toronto, and Donna Shroeder, of Fremont.



Say "OO-La-La" and "Au Revoir"?



Sunday, September 21

Our Gala Farewell Party for the Biarritz, France Exchange

You won't want to miss this festive afternoon of food, friendship, and entertainment as we say "au revoir" to our friends from Biarritz.

- 1:00 Dedication of the tree we planted for the Biarritz Club: Meet at Friendship Forest, at the corner of Story Rd. and Knox Ave., and witness the arrival of the Water Sprite with the Magical Watering Can.
- 2:00 Come to the "cabaret" for a chicken BBQ meal—in the Multicultural Center at Prusch Park's main entrance. Turn left at the first driveway inside the entrance. The MCC is the large red barnlike structure.

 A short business meeting: Election of officers for 2015 and a poll to select our outbound exchange requests for 2016
- 3:00 The captivating "Golden Follies" dancers will perform the Can-Can and other dance selections.

For those who have not been hosting this week, this will be your best, perhaps *only*, chance to spend time with the Biarritz folks.

Meal and program--\$25 per person

Send a check, payable to FFSFBA, to Carol Easter,

by September 15.

Write "Biarritz Farewell Dinner" in the memo line.



Directions to Prusch Park: From I-680 South, take the King Rd. exit. Turn left on King and right into the Prusch Park entrance, opposite Lido Way. From 1-680 North, take the King Rd. exit, turn right on King and then right into the park entrance.

2014 FFSFBA COMMITTEES

EXECUTIVE COMMITTEE

President@ffsfba.org: Martha LeRoy

VP@ffsfba.org: Nancy Menz

Secretary@ffsfba.org: Julice Winter

Treasurer@ffsfba.org: Pat Macholl

STANDING COMMITTEES

EventPlanner@ffsfba.org: Donna Wilson

Membership@ffsfba.org: Carol Easter

Newsletter@ffsfba.org: Dave & Dee Gustavson

Publicity@ffsfba.org: open

Webmaster@ffsfba.org: Dan Eggerding

EXCHANGE DIRECTORS

Biarritz, France, InboundBF@ffsfba.org

Karen Rice

Nuremberg, Germany, OutboundNG@ffsfba.org

Linda Jasony

Huntsville & Houston, OutboundHH@ffsfba.org

Barry Rader

SUPPORT COMMITTEES

ExchangeBanker@ffsfba.org: Judy Smith

Hospitality@ffsfba.org: open

Merchandise@ffsfba.org: Carol Easter

Sunshine: Darlene Boyanich

MemberRecruitment@ffsfba.org: open

MemberWelcome@ffsfba.org: Natalie Heling

Forester@ffsfba.org: Karen McCready

2014 CALENDAR

August 16 Cultural meeting and luncheon

for Biarritz incoming, Basque Cultural Center, 599 Railroad

Ave, South SF

August 30 Planning Meeting for

Germany, 1-3pm

Sept. 15–22 Inbound Exchange, from

Biarritz, France

Sept. 21 Farewell BBQ party for

Biarritz. Tree planting, annual meeting, election,

Prusch Park 1-4pm

Sept. 27 Flea Market Fundraiser,

Fremont

October 14–16 Friendship Force World

Conference, Auckland, NZ

December 6 Holiday Luncheon, Hotel

Nikko, 222 Mason St., San

Francisco

2015 CALENDAR

April Inbound from Nuremburg
May Outbound to Huntsville, AL

and Houston, TX

October Inbound from Recife, Brazil
November Outbound to Costa Rica

FFSFBA website: http://ffsfba.org

Friendship Force International

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Website: http://thefriendshipforce.org

friendship force

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Changing the Way You See the World
The Friendship Force of the San Francisco Bay Area